

# Improve Your Study Habits

The Learning Success Centre is offering a series of free study skills workshops:

**Thursdays, 12:00 pm - 1:00 pm | Room Lardeau 14**

- Jan. 14 **Time Management** - Motivation and Pacing
- Jan. 21 **Note-taking in Lectures** - Preparing, Listening, Reviewing
- Jan. 28 **Reading Textbooks** - Concentration and Comprehension
- Feb. 4 **Studying for Exams** - Effective Study Strategies
- Feb. 11 **Exam Writing** - Planning, Anxiety Prevention
- Mar. 4 **Writing Skills** - Essays, Reports, Referencing



*here when you need it*

To **register** contact Todd Solarik at the Learning Success Centre (LLB 019)  
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Student Access and Support  
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