| **~Ripple Cafe Lunch Specials October 2015 ~** |
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| **Mon** | **Tue** | **Wed** | **Thu** | **Fri** |
|  |  |  | 1 **Baby Back Ribs with brown sugar bbq sauce slow cooked and served with cornbread and sweet sour coleslaw.** | 2**Spicy Fire dusted calamari****served with tzatziki sauce roasted wedge fries or greek salad****French Fry Friday** |
| 5 **Smoked Cheddar Frittata****Roasted peppers, thick cut smoked ham and applewood cheddar baked with eggs, cream and herbs. Served with grilled french bread and salad** | 6**Taco Tuesday** **Tijuana Tacos with corn tortilla shell, veggie or beef filling with salsa, sour cream, shredded lettuce, diced tomatoes, and refried beans**  | 7**Chipotle Chicken Caesar**  **with grilled chicken breast, homemade croutons and grated parmesan cheese.** **Served with smoky butter grilled breadsticks** | 8**Old Fashioned Turkey dinner with mashed potatoes, homemade stuffing, roasted yams, fresh cranberry sauce and pan gravy. Served with tossed sald** | 9**Naan Bread Pizza****Meat lovers with bacon, pepperoni and ham or Vegetarian with spinach, roasted garlic, olives and feta.Served with salad** |
| 12**Closed for Thanksgiving** | 13**Shrimp or Vegetable Curry with red coconut curry sauce. Served with basmati rice and fresh watermelon mint salad** | 14**Char broiled New York Steak****Sandwich with sautéed mushrooms and your choice of Caesar salad or fries** | 15**Cuban Pulled PorK** **Slow cooked pork with lime, cilantro and smokey bbq sauce on a rustic bun with spicy mayo and coleslaw Served with potato salad** | 16 **Chicken and Bacon Wrap with chipotle mayo, cheddar and shredded slaw. Served with fries****French Fry Friday** |
| 19 **Turkey, Havarti, Pepper Panini in hosue turkey, creamy havarti and roast red peppers with choice of ripple chips or salad****Gluten free option available**  | 20Taco Tuesday**Chili Lime Grilled Shrimp or** **Black Bean Tacos**  **with fresh red cabbage slaw and chipotle sour cream. Served with lime wedges**  | 21**Charbroiled BBC Burger** **Bacon, beef and cheese on a brioche bun with lettuce, tomato, chipotle mayo. Served with choice of soup, mixed greens or yam fries** | 22**Peach Tea Almond Chicken****Roasted chicken breast in a peach preserve tea sauce with toasted almonds and five spice. Served with sticky rice and mixed vegetables**  | 23 **French Beef Dip****Thin sliced roast beef with sautéed onions served on a rustic hoagie roll choice of fries or mixed greens** |
| 26**Marvelous Monday Meatloaf Homemade like mom makes served with mashed potatoes, homemade creamed corn and a zesty bbq sauce.****Served with mixed greens** | **Sweet & Spicy Ginger Beef** **with stir fried broccoli, peppers,carrots, snow peas served on udon noodles and spicy sweet ginger sauce.** | 28Spaghetti and MeatballsRich homemade beef meatballs in a fire roasted tomato sauce. Served over regular or gluten free pasta.. Vegetarian option and side salad | 29Teriyaki Chicken and PIneapple skewers grilled and brushed with homemade teriyaki sauced served on sticky rice with sauteed snow peas, zucchini and red peppers | 30Fisherman’s Basket with calamari, cod nuggets and tempura prawns. Served with fries and sweet sour coleslaw French Fry Friday |