| **~Ripple Cafe Lunch Specials October 2015 ~** | | | | | |
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| **Mon** | **Tue** | **Wed** | **Thu** | **Fri** | |
|  |  |  | 1  **Baby Back Ribs with brown sugar bbq sauce slow cooked and served with cornbread and sweet sour coleslaw.** | 2  **Spicy Fire dusted calamari**  **served with tzatziki sauce roasted wedge fries or greek salad**  **French Fry Friday** | |
| 5  **Smoked Cheddar Frittata**  **Roasted peppers, thick cut smoked ham and applewood cheddar baked with eggs, cream and herbs. Served with grilled french bread and salad** | 6  **Taco Tuesday**  **Tijuana Tacos with corn tortilla shell, veggie or beef filling with salsa, sour cream, shredded lettuce, diced tomatoes, and refried beans** | 7  **Chipotle Chicken Caesar**  **with grilled chicken breast, homemade croutons and grated parmesan cheese.**  **Served with smoky butter grilled breadsticks** | 8  **Old Fashioned Turkey dinner with mashed potatoes, homemade stuffing, roasted yams, fresh cranberry sauce and pan gravy. Served with tossed sald** | 9  **Naan Bread Pizza**  **Meat lovers with bacon, pepperoni and ham or Vegetarian with spinach, roasted garlic, olives and feta.Served with salad** | |
| 12  **Closed for Thanksgiving** | 13  **Shrimp or Vegetable Curry with red coconut curry sauce. Served with basmati rice and fresh watermelon mint salad** | 14  **Char broiled New York Steak**  **Sandwich with sautéed mushrooms and your choice of Caesar salad or fries** | 15  **Cuban Pulled PorK**  **Slow cooked pork with lime, cilantro and smokey bbq sauce on a rustic bun with spicy mayo and coleslaw Served with potato salad** | 16  **Chicken and Bacon Wrap with chipotle mayo, cheddar and shredded slaw. Served with fries**  **French Fry Friday** | |
| 19  **Turkey, Havarti, Pepper Panini in hosue turkey, creamy havarti and roast red peppers with choice of ripple chips or salad**  **Gluten free option available** | 20  Taco Tuesday  **Chili Lime Grilled Shrimp or**  **Black Bean Tacos**  **with fresh red cabbage slaw and chipotle sour cream. Served with lime wedges** | 21  **Charbroiled BBC Burger**  **Bacon, beef and cheese on a brioche bun with lettuce, tomato, chipotle mayo. Served with choice of soup, mixed greens or yam fries** | 22  **Peach Tea Almond Chicken**  **Roasted chicken breast in a peach preserve tea sauce with toasted almonds and five spice. Served with sticky rice and mixed vegetables** | 23  **French Beef Dip**  **Thin sliced roast beef with sautéed onions served on a rustic hoagie roll choice of fries or mixed greens** | |
| 26  **Marvelous Monday Meatloaf Homemade like mom makes served with mashed potatoes, homemade creamed corn and a zesty bbq sauce.**  **Served with mixed greens** | **Sweet & Spicy Ginger Beef**  **with stir fried broccoli, peppers,carrots, snow peas served on udon noodles and spicy sweet ginger sauce.** | 28  Spaghetti and Meatballs  Rich homemade beef meatballs in a fire roasted tomato sauce. Served over regular or gluten free pasta.. Vegetarian option and side salad | 29  Teriyaki Chicken and PIneapple skewers grilled and brushed with homemade teriyaki sauced served on sticky rice with sauteed snow peas, zucchini and red peppers | | 30  Fisherman’s Basket with calamari, cod nuggets and tempura prawns. Served with fries and sweet sour coleslaw  French Fry Friday |