| **~ July 2014 ~** | | | | |
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| **Mon** | **Tue** | **Wed** | **Thu** | **Fri** |
| **Cafeteria closed Mondays** | 1  **Closed Canada Day** | 2  **Italian Sausage with Grilled Peppers, Tomatoes and Onions, Served on fettucine noodles** | 3  **Fish and chips with homemade coleslaw, and lemon tartar sauce** | 4  **Grilled Chicken Caesar Salad with Garlic toast** |
| 7  **Cafeteria closed Mondays** | 8  **Honey Ginger Pork Stir fry with carrots, broccoli, peppers , onions, served on basmati rice** | 9  **Mushroom Raviolli with parmesan cream sauce. Served with garlic toast** | 10  **Mexican Tomato Bake served with corn tortillas, sour cream** | 11  **Bacon, Mushroom Chicken Burger with plank cut fries** |
| 14  **Cafeteria closed Mondays** | 15  **Pear, Pecan and Avocado Salad with Mustard vinaigrette. Served with fresh french bread** | 16  **Roasted BBQ Chicken, mashed potatoes and roasted carrots.** | 17  **California Clubhouse with chicken, avocado, bacon, lettuce and tomato. Served with salad or ripple chips** | 18  **Breaded Shrimp with homemade tartar sauce and coleslaw or fries.** |
| 21  **Cafeteria closed Mondays** | 22  **Charbroiled steak sandwich on grilled french bread. Served with sauteed mushrooms, caesar salad** | 23  **Smokey Macaroni and Cheese served with crisp bacon or country sausage**  **Vegetarian option available** | 24  **Thai Noodle Bowl with Shirmp or tofu and sesame ginger sauce** | 25  **Breakfast for lunch**  **Eggs benny florentine, red potato hasbrowns served with fruit salad** |

**Please note: soup or salad are not included in the lunch special unless specified**