

RESTORATIVE CIRCLES

A workshop for anyone interested in accepting conflict as a natural part of life and co-creating a response to conflict that restores connection.

A Restorative Circle (RC) is a process for responding to conflict that combines the principles and values of Nonviolent Communication and Restorative Justice. The RC process works with the understanding that conflict arises as a natural part of relationships.

RC's are intended to be supported by a restorative system, one in which there are agreed-upon structures that allow a group to care for and take ownership of its conflict. Any group of people (families, schools, workplaces, communities, etc.) can learn and use RC's as their only response to conflict or as another option alongside already existing approaches to conflict.

Visit www.restorativecircles.org for more information on Restorative Circles and Systems.

When: Friday, April 15, 7-9 pm

- An introduction to Restorative Circles and Restorative Systems

Saturday and Sunday, April 16-17, 9:30-4:30 pm - for those who've attended the RC intro.

- RC facilitation practice in semi-simulated circles
- Semi-simulated circle experience
- An exploration on the co-creation of a Restorative System for your family, neighbourhood, school, workplace, community.

Where: Mir Centre for Peace at Selkirk College's Castlegar campus

Cost: \$20 for Friday | \$200 for Sat and Sun

If the costs present a challenge for you, please contact facilitator Eric Bowers at eric@roadtocompassion.com.

To register call 250.365.1208.

*Facilitated by Eric Bowers and Katherine Betts.
www.roadtocompassion.com*



For more information on these Restorative Circle workshops and the facilitators, visit selkirk.ca/mir or call 250.365.1234.