



CONTINUING EDUCATION CALENDAR

september - december 2011

TECHNOLOGY | DISTANCE EDUCATION | FIRST AID | OCCUPATIONAL HEALTH & SAFETY | HEALTH & RECREATION & LEISURE | ARTS | CULTURE | BUSINESS | FINANCE | COMPUTERS | CONTRACT SERVICE HEALTH & WELLNESS | HOSPITALITY & TOURISM | INDUSTRY & TRADES | LEADERSHIP | MANAGEMENT SERVICES | DIGITAL TECHNOLOGY | DISTANCE EDUCATION | FIRST AID | OCCUPATIONAL HEALTH & SAFETY | RECREATION & LEISURE | ARTS | CULTURE | BUSINESS | FINANCE | COMPUTERS | CONTRACT & SAFETY | HEALTH & WELLNESS | HOSPITALITY & TOURISM | INDUSTRY & TRADES | LEADERSHIP | CONTRACT SERVICES | DIGITAL TECHNOLOGY | DISTANCE EDUCATION | FIRST AID | OCCUPATIONAL LEADERSHIP | MANAGEMENT | RECREATION & LEISURE | ARTS | CULTURE | BUSINESS | FINANCE | OCCUPATIONAL HEALTH & SAFETY | HEALTH & WELLNESS | HOSPITALITY & TOURISM | INDUSTRY & RECREATION & LEISURE | ARTS | CULTURE | BUSINESS | FINANCE | COMPUTERS | CONTRACT SERVICES | DIGITAL TECHNOLOGY | DISTANCE EDUCATION | INDUSTRY & TRADES | LEADERSHIP | MANAGEMENT | RECREATION & LEISURE | ARTS | CULTURE | EDUCATION | FIRST AID | OCCUPATIONAL HEALTH & SAFETY | HEALTH & WELLNESS | HOSPITALITY & RECREATION & LEISURE | ARTS | CULTURE | BUSINESS | FINANCE | COMPUTERS | CONTRACT SERVICES | DIGITAL TECHNOLOGY | HOSPITALITY & TOURISM | INDUSTRY & TRADES | LEADERSHIP | MANAGEMENT | RECREATION & LEISURE | ARTS | CULTURE | DIGITAL TECHNOLOGY | DISTANCE EDUCATION | FIRST AID | OCCUPATIONAL HEALTH & SAFETY | HEALTH & WELLNESS | LEISURE | ARTS | CULTURE | BUSINESS | FINANCE | COMPUTERS | CONTRACT SERVICES | DIGITAL HEALTH & WELLNESS | HOSPITALITY & TOURISM | INDUSTRY & TRADES | LEADERSHIP | MANAGEMENT | SERVICES | DIGITAL TECHNOLOGY | DISTANCE EDUCATION | FIRST AID | OCCUPATIONAL HEALTH & SAFETY | MANAGEMENT | RECREATION & LEISURE | ARTS | CULTURE | BUSINESS | FINANCE | COMPUTERS | OCCUPATIONAL HEALTH & SAFETY | HEALTH & WELLNESS | HOSPITALITY & TOURISM | INDUSTRY & TRADES | COMPUTERS | CONTRACT SERVICES | DIGITAL TECHNOLOGY | DISTANCE EDUCATION | FIRST AID | INDUSTRY & TRADES | LEADERSHIP | MANAGEMENT | RECREATION & LEISURE | ARTS | CULTURE | BUSINESS | FIRST AID | OCCUPATIONAL HEALTH & SAFETY | HEALTH & WELLNESS | HOSPITALITY & TOURISM | BUSINESS | FINANCE | COMPUTERS | CONTRACT SERVICES | DIGITAL TECHNOLOGY | DISTANCE TOURISM | INDUSTRY & TRADES | LEADERSHIP | MANAGEMENT | RECREATION & LEISURE | ARTS | DISTANCE EDUCATION | FIRST AID | OCCUPATIONAL HEALTH & SAFETY | HEALTH & WELLNESS |



WHAT'S HAPPENING in fall 2011

LEADERSHIP SKILLS FOR SMALL BUSINESS & ENTREPRENEURS (GRAND FORKS)

Learn the leadership skills essential to small business success with acclaimed Human Resources expert, Phil Kolbuc. This 4-module series will assist business owners, managers and supervisors in building the foundations for business success by developing effective interpersonal skills critical to managing employees; learn how to manage human resources, including performance management, effectively; how to lead, motivate and build effective teams; as well as how to plan strategically and manage time effectively. See page 9 for details.

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EFFECTIVE COMMUNICATION

Learn how to improve understanding and communication with John Glennon from Sandler Training. Study the four quadrants and styles, learn your own style and how to adjust when dealing with different people. Work on words, body language and tonality and the importance of these three items when being an effective communicator. This course is perfect for anyone wanting to improve communication with others in their personal or business relationships. See page 8 for details.

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PERSONAL TRAINING SPECIALIST PROGRAM

This comprehensive program prepares you to work as a Certified Personal Trainer and be respected in an industry that demands quality. With this practical hands-on training approach you will be confident to enter the workforce. See page 52 for details.

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FOOD AND BEVERAGE MANAGEMENT ON LINE

Enter the world of hospitality and open yourself up to exciting opportunities around the world! Develop the skills, knowledge, and confidence needed to supervise and manage food and beverage operations in restaurants, hotels, resorts and more. See page 41 for details.

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APPLIED LEADERSHP PROGRAM

The Applied Leadership program was developed in full consultation with approximately twenty of the largest employers in the Selkirk College region. Managers, supervisors, and individuals seeking leadership roles have identified the skills and theory desired for new or existing leaders to become successful. For more information regarding this program call 250.365.1261 or visit selkirk.ca/ce.

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**HST MAY APPLY TO
SOME CE COURSES.**

UPGRADING?
Check out ABE courses on page 12!

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how to register

OPTIONS:

- Email, fax, call or visit the campus offering your course.
- Complete the registration form on page 73.
- Choose payment method (cash, debit, cheque, Visa or MasterCard).

Boundary (Grand Forks)

250.442.2704
boundaryce@selkirk.ca

Castlegar

1.888.953.1133
castlegarce@selkirk.ca

Kaslo

250.353.2618
kasloce@selkirk.ca

Kootenay School of the Arts (KSA)

1.877.352.2821
artsce@selkirk.ca

Nakusp

250.265.4077
nakuspce@selkirk.ca

Nelson/Slocan Valley

1.866.301.6601
nelsonce@selkirk.ca

Trail/Salmo

250.364.5770
trailce@selkirk.ca

See page 70 for full contact details.

arts & culture

KOOTENAY SCHOOL OF THE ARTS (KSA)

Kootenay School of the Arts is dedicated to graduating students who can make a living through their professions in art, craft and design. The school has four working studio's; clay, fibre, jewelery, metal; as well as two large classrooms perfect for drawing and design. Classes offered through Continuing Education have the opportunity to use these well equipped studios under the direction of local and guest artists and teachers.

BLUES SINGING I

Life is the only experience required to growl, groan, wail and moan! Each week we'll learn a blues song, and explore the rich swamp of the human voice in a supportive environment. For our last class, we'll sing with a live band for invited guests. Minimum age 16 years.

new Nelson: KSA campus, rm 310 \$200 +HST plus \$20 materials
Bessie Wapp
8 sessions: Sep 22-Nov 10, Thu 7-9 pm

BLUES SINGING II

Brand new by request! Picking up where StB1 left off, we'll stretch further into improvisation, spontaneous composition and jazz. Don't be

scared by the big words - it's all about play! If you love singing and making up melodies, then this is for you. Various instrumentalists will be join us throughout. Minimum age 16 years.

new Nelson: KSA campus, rm 310 \$200 +HST plus \$20 materials
Bessie Wapp
8 classes: Sep 24-Nov 19, Sat 3-5 pm
No class Oct 8

D.I.Y. FILM MAKING FOR AMATEURS

Got an idea for a video you want to make? Learn to see, learn to shoot, learn to edit, and find the story you want to tell: on anything from a Hi-Def camera to a cell-phone. Students must bring a recording device - digital camera or cell phone, if no video camera is available. Minimum age 16 years.

Nelson: KSA campus, rm 311 \$180 +HST
Miriam Needoba
5 classes: Sep 10-Oct 15, Sat 10 am-1 pm
No class Oct 8

D.I.Y. FILM MAKING: PROJECTS AND WORKSHOPS

Develop your video and film making skills in a mentored group environment. Workshops on shooting, editing, lighting and film language will be integrated with critiques and studio production time. Students must bring a recording device -



digital camera or cell phone, if no video camera is available. Minimum age 16 years.

new Nelson: KSA campus, Rm 311 \$180 +HST
Mirjam Needoba

5 classes: Sep 10-Oct 15, Sat 2:30-5:30 pm
No class Oct 8

FIGURE DRAWING

Choose your medium and bring your supplies.
We supply the easel and model for each session.

Nelson: KSA Campus \$75 +HST
instructor tba

6 classes: Sep 22- Oct 27, Thu 7-9 pm

MIRJA VAHALA

MIRJA VAHALA AND PARTICIPANTS ART SHOW & SALE

Art by Mirja and participants of Inspiring Minds
Art Studio. www.inspiringminds.ca

new Castlegar: Windborne B&B
3905 Broadwater Rd.

Nov 19 & 20, Sat & Sun, 10 am-4 pm

ACRYLICS FOR TRUE BEGINNERS

Acrylics are versatile and easy to use. Discover the techniques and tricks of using this medium; make various brush strokes and mix clean and effective colours and shades. Paint simple shapes and a landscape, step-by-step, using the old masters' "thick over thin" method. Drawings and images provided. This class prepares you for Acrylics Plus. Supply list available.

Castlegar: Windborne B&B \$144 +HST
3905 Broadwater Rd.

Mirja Vahala
3 classes: Oct 16-30, Sun 9:30 am-3:30 pm

ACRYLICS PLUS: SIMPLIFY COLOUR FOR IMPACT

Learn how to choose and mix colours using limited palettes. Understand when to choose transparent or opaque pigments. Achieve colour harmony for your paintings and mix the hues you want. Supply list available.

Castlegar: Windborne B&B \$120 +HST
3905 Broadwater Rd.

Mirja Vahala
4 classes: Oct 13-Nov 3, Thu 9:30 am-1:15 pm

LEARN TO DRAW IN 18 HOURS

If you think you can't draw but want to learn, this class is for you. Learn to access the visual side of your brain. Improve your creative

thinking. You'll be amazed at how your drawing skills develop in just 18 hours. This course is based on the best-selling book, "Drawing On The Right Side of the Brain". Mirja will provide specialty items for \$15. Contact Mirja before the class as there is a preliminary project.

Castlegar: Windborne B&B \$144 +HST
3905 Broadwater Rd.

Mirja Vahala
6 classes: Oct 1-Nov 12, Sat 9:30 am-12:30 pm
No class Oct 8



OPEN ART

BEGINNING WRITER'S WORKSHOP

Get a taste of the writer's life and improve your writing skills in this introduction to writing creatively.

Online
Ed2Go - to register go to
www.ed2go.com/selkirk \$134 +HST
continuous intake

JOURNALING - ILLUMINATED NATURE INTRO.

Practice and explore the basic concepts of nature journaling and its value as an expressive art form. Create and use a nature journal as an artistic expression, as well as a way of nurturing a closer relationship with the larger community of life and our interconnectedness, including the flora, fauna and seasonal changes in our gardens and in the wild. Practical skills will be taught outdoors as much as possible. Supply list available upon registration.

Castlegar campus \$99 +HST
Susan Vanrooy
2 classes: Oct 15 & 16, Sat & Sun, 9 am-4 pm

KNITTING FOR EVERYONE

Learn to knit or improve your skills using a project of your choice. Learn basics (casting, increasing, decreasing) and more advanced skills (patterns, circular needles, finishing). Bring your own needles and yarn.

Trail campus \$45 +HST
 Suzanne Belanger
 6 classes: Oct 4-Nov 8, Tue 6:30-8:30 pm

LEARN TO FELT! BASICS OF WETFELTING

Learn to make felt using beautifully natural fibres of wool and silk. You will create a flat piece of felt with the wetfelting technique, and discover the endless possibilities of this forgiving and creative art! A flat felt can become a wall hanging, or a piece of fabric to transform later. Bring a picture, idea or drawing to make a wall hanging, or just your inspiration and see what happens!

Nakusp centre \$60 +HST
 Brandy Dicks
 1 class: Oct 22, Sat 10 am-1 pm

MELTED WAX: CRAYON PRINTS

Turn broken crayon bits into beautiful prints that make lovely special occasion cards or gifts. Please contact 250.442.2704 for a supplies list. Parents with children ages 6 and up are welcome.

new Grand Forks campus
 \$25 +HST indiv./
 \$39 +HST parent & child
 Diana Carr
 1 class: Oct 22, Sat 1-4 pm

new Midway: BCSS
 \$25 +HST indiv./
 \$39 +HST parent & child
 Diana Carr
 1 class: Nov 26, Sat 1-4 pm

NEEDLEFELT: SCULPTING WITH WOOL!

Working with unspun wool rovings and batting, we will learn how to efficiently use a felting needle and expand your fiber art skills. Make a 3-D animal, doll, fairy tale character or creature; and needlefelting on a flat surface as a technique to embellish other fabrics and wearables.

Nakusp centre \$55 +HST
 Brandy Dicks
 1 class: Oct 22, Sat 2-5 pm

SPEAKER SERIES: SINIXT NATION PUBLIC UPDATE

A cross-cultural experience with a Sinixt creation story and an update on Sinixt current events. Facilitated by Marilyn James, Appointed Spokesperson, Sinixt Nation. Sponsored by the Columbia Alliance for Literacy.

Nakusp centre
 Free, you must pre-register
 Marilyn James
 1 class: Nov 9, Wed 6:30-8 pm

WOODCARVING FOR BEGINNERS

Learn relief and incised carving, wood selection, type and care of tools. Held in our Fine Woodworking Shop. Pick up supply list when registering.

Nelson: Silver King campus \$249 +HST
 Peter Bockner
 6 classes: Sep 23-Oct 28, Fri 9 am-3 pm
 6 classes: Nov 4-Dec 16, Fri 9 am-3 pm
 No class Nov 11

STAINED GLASS: INTRODUCTION

Learn to design, cut, grind, lead, foil and solder your very own stained glass design. Create a beautiful, 20 to 30 piece stained glass window or simple three-dimensional project. Tools, equipment and patterns included. Glass and supplies extra.

Grand Forks: GFSS \$149 +HST
 Cindy Alblas plus \$50 for materials
 6 classes: Oct 5-Nov 9, Wed 6:30-9 pm



STAINED GLASS ORNAMENTS

Create beautiful stained glass ornaments for Christmas to cherish or to give away. Learn the skill of cutting glass, design and technique for glass on glass creation. A skill which can be further applied to other items such as old window frames, furniture, etc. Parents with children ages 8 and up are welcome.

new Grand Forks campus \$25 +HST indiv./
Cindy Alblas \$39 +HST parent & child,
plus \$5 each for materials

1 class: Dec 3, Sat 1:30-4:30 pm

new Midway: BCSS \$25 +HST indiv./
Cindy Alblas \$39 +HST parent & child,
plus \$5 each for materials

1 class: Nov 5, Sat 2-5 pm

CBAL SPEAKER SERIES: WRITING AND EDITING

Are you interested in publishing your writing? Do you understand the importance of rewriting and editing your material before you submit to a magazine, agent or publisher? Join author Holley Rubinsky to hear about the writer's work, first drafts, and different types of editing your manuscript will experience. The Kaslo Speaker Series is offered in partnership with Columbia Basin Alliance for Literacy.

new Kaslo centre

Free

Holley Rubinsky

1 class: Nov 24, Thu 7-9 pm

PLAYWRITING

This course will help students develop a half hour stage play while coming to understand plot, dialogue and characterization. Students will receive comprehensive feedback after each draft. We will also cover pitching the script to Fringe festivals across Canada. Minimum age 16 years.

new Nelson: Ozone,
351 Baker St., Alley Entrance \$200 +HST
Cassie Beecham

6 classes: Oct 31-Dec 5, Mon 7-10 pm

No class Oct 10

To ensure the course you want
doesn't get cancelled...

**DON'T WAIT!
REGISTER EARLY!**



OXYGEN ART CENTRE

COLLAGE PAINTING

Learn how to create interesting surfaces using a diverse range of materials and then combine painterly techniques to create colourful textural paintings. Investigate colour and composition and discover how to collage, paint and photo transfer on panels, boards and alternative surfaces. This is a process-based course with experimentation at its heart.

new Nelson: Oxygen Art Centre, 320 Vernon
St., Alley Entrance \$280 +HST
plus \$10 materials

Natasha Smith

8 classes: Oct 5-Nov 23, Wed 6:30-9:30 pm

FICTION FUNDAMENTALS

Combine intensive writing exercises with reading and critiquing the work of others. Along the way, look at the work of several luminary fiction writers - searching for that image, phrase, or style that will inform your writing. Minimum age 16 years.

new Nelson: Oxygen Art Centre, 320 Vernon
St., Alley Entrance \$180 +HST
Brad Carr

7 classes: Oct 3-Nov 21, Mon 7-9 pm

No class Oct 8

INSIDE OUT: FIGURE PAINTING

Study the human figure from the inside out - exploring how the human skeleton informs the body's outlying structure and movement. Working with the skeleton and the live models, explore how the human figure occupies space, contains volume and expresses itself in movement. Minimum age 16 years.

new Nelson: Oxygen Art Centre, 320 Vernon St. Alley Entrance \$280 +HST plus \$80 materials
 Deb Thompson
 4 classes: Oct 17-20, Mon-Thu, 9 am-3 pm

THE ESSENTIAL FIGURE: DRAWING

The human form has long been a standard in art. This course offers a simple, logical approach to figure drawing based on three areas of emphasis: understanding human anatomy, seeing rather than looking, and moving beyond line to incorporate mass, tone, and form as essential elements of drawing.

new Nelson: Oxygen Art Centre, 320 Vernon St., Alley Entrance \$280 +HST plus \$80 materials
 Murray Kimber
 8 classes: Oct 4-Nov 22, Tue 7-10 pm



VISAC GALLERY

DRAWING AND ILLUSTRATIONS

Learn drawing and illustrating with a variety of mediums including: charcoal, graphite, pen and ink and pastels. Increase your understanding of the different materials, how to use them and the values to depict subjects. Supplies extra, list provided upon registration.

new Trail: VISAC Gallery \$189 + HST
 Barb Pistak
 9 classes: Oct 3-Dec 5, Mon 6:30-8:30 pm
 No class Oct 10

MONOTYPE WITH WATERCOLOURS

This is a fun and easy intro to printmaking. Prints are 'painted' then 'pulled' from a glass or plastic support resulting in one-of-a-kind prints.

new Trail: VISAC Gallery \$45 + HST
 Wilma Hughes plus \$25 supply kit
 1 class: Oct 29, Sat 1-4 pm

INTRO TO SCRATCH ANIMATION AND FILM MANIPULATION

An introduction to Scratch Animation, also known as Direct Animation, is the process of drawing and scratching designs directly onto film. Images are hand painted on clear and black film leader using paints, markers and ink. Other techniques include stenciling, etching and the use of found footage spliced directly into film.

new Trail: VISAC Gallery \$45 +HST,
 materials provided

Nyla Raney
 1 class: Oct 8, Sat 10 am-2 pm

INTRO. TO THE SKETCHBOOK

Be introduced to the joys and versatility of a working sketchbook. You will work on your solitary book while enjoying the energy of others for both motivation and feedback. You need an easy to handle hard bound sketchbook, pen/pencil, scissors and glue stick/tape. We may venture outside so bring comfortable shoes and a jacket.

new Trail: VISAC Gallery \$65 +HST
 Nyla Raney

3 classes: Oct 15, 22 & 29, Sat 10 am-12 pm



Selkirk Gymnasiums

ARE OPEN TO THE COMMUNITY

Nelson - Mary Hall



DROP-IN FEES

One time: \$3
Monthly: \$20
Semester: \$50

VOLLEYBALL LEAGUE (CO-ED)

Monday 5-7 pm | \$30 | Jan-April

GYM SOCCER LEAGUE (CO-ED)

Thursday 5-7 pm | \$30 | Jan-April

WEIGHT ROOM HOURS

Monday to Thursday
12 - 9:00 pm

CLASSES (fees vary)

Yoga, Belly Dance, Tai Chi
and more!

CONTACT

Kim Barker
kbarker@selkirk.ca
Tel: 250.505.1325

Selkirk College
Tenth Street Campus
820 Tenth Street, Nelson, BC
250.352.6601

Castlegar Gym



DROP-IN EVENINGS

Badminton - Tues/Thurs
Basketball - Monday
Co-Ed Indoor Soccer - Wednesday

FITNESS CLASSES: Noon hours
(circuit, step, yoga and other)

FACILITIES: 2 large gymnasiums,
weight room, bouldering, squash,
racquetball, shower facilities

FEES: \$5 drop in, \$55 monthly (full
facility access) punch passes, youth
and senior rates available

HOURS OF OPERATION

Mon-Thurs: 7:30 am – 9:30 pm
Fridays: 7:30 am – 8:00 pm

CONTACT

Call Rod or Milane at 250.365.1292 or
email: recreation@selkirk.ca

Selkirk College, Castlegar campus
301 Frank Beinder Way, Castlegar, BC
250.365.7292

Recreation Office and Bookings
250.365.1292

Both gyms available for private & club bookings, birthdays or events.

selkirk.ca/athletics/campusrecreation

business & finance

BOOKKEEPING FOR SMALL BUSINESS

Little or no previous experience but want to keep books for a small business? Learn basic and year-end procedures, accounts, financials, HST and reconciliation.

Castlegar campus \$160

Bev Horst

4 classes: Oct 25-Nov 3, Tue & Thu, 6-9 pm

Grand Forks campus \$160

Bev Horst

2 classes: Oct 15 & 16, Sat & Sun, 9 am-4 pm

Nelson: Silver King campus \$160

Brenda Wiest

4 classes: Oct 17-26, Mon & Wed, 6-9 pm

Trail campus \$160

Bev Horst

4 classes: Oct 11-20, Tue & Thu, 6-9 pm

CREATING A SUCCESSFUL BUSINESS PLAN

Turn your business ideas into a solid plan for financing and long-term success. Work through all of the major components of a business plan and emerge with your first draft in hand. You will have completed the first-and most difficult-step on the path to small business success!

Online

Ed2Go - to register go to

www.ed2go.com/selkirk \$134

continuous intake

DIRTY LITTLE SECRETS OF THE INVESTMENT INDUSTRY

If it sounds too good to be true it probably is! Learn little known facts that can help you to avoid the pitfalls of the financial industry.

Trail campus \$20 +HST

Debbie Bayoff

1 class: Oct 27, Thu 6:30-8:30 pm

EFFECTIVE COMMUNICATION

Learn how to improve understanding and communication using the DISC behavioral profile. Study the four quadrants and styles, learn your own style and how to adjust and modify your communication styles when dealing with

different people. Work on words, body language and tonality and the importance of these three items when being an effective communicator. This course is perfect for anyone wanting to understand themselves and their communication styles, as well as improve communicating with others in their personal or business relationships.

Castlegar campus \$195 or \$175 for companies with 3 or more registering

John Glennon

1 class: Oct 28, Fri 8:30 am-4:30 pm

FINANCIAL EDUCATION WORKSHOP

No matter what your age, your financial situation or your goals, you need to know about the power of investing. Learn about the stock market and other forms of ownership and loaner investment. Explore common investments and learn how to increase investment income while reducing taxes.

Castlegar campus \$40 +HST

Gilbert Champagne, Financial Advisor

2 classes: Oct 13 & 20, Thu 6:30-9:30 pm



FINANCIAL PLANNING - TAKE CONTROL

Create your financial plan in seven easy steps. Get the "big picture" and generate more funds for the future.

Castlegar campus \$20 +HST
Debbie Bayoff
1 class: Nov 1, Tue 6:30-8:30 pm

Trail campus \$20 +HST
Debbie Bayoff
1 class: Oct 13, Thu 6:30-8:30 pm

FIVE YEARS TO RETIREMENT

Considering retirement within the next five years? Discuss pension plans, taxes, RRSP's versus RIF's, and understand your investments and risk management.

Castlegar campus \$20 +HST
Debbie Bayoff
1 class: Oct 18, Tue 6:30-8:30 pm

GETTING GRANTS THROUGH THE PHOENIX FOUNDATION

The Phoenix Foundation of the Boundary Communities supports local organizations to fund their important projects. Executive Director Mona Mattei will assist you to understand the Foundation's granting criteria and give you important insight into how to prepare your grant proposals for best results.

Grand Forks campus \$15 +HST
Mona Mattei
1 class: Jan 18, Wed 6-8 pm

Midway: BCSS \$15 +HST
Mona Mattei
1 class: Jan 17, Tue 6-8 pm

INTERIOR DESIGN: AN INTRODUCTION

Explore a career in interior design as you learn how to transform any room into a beautiful and functional space.

Online
Ed2Go - to register go to
www.ed2go.com/selkirk
continuous intake \$134



LEADERSHIP SKILLS FOR SMALL BUSINESS & ENTREPRENEURS

Series is uniquely designed for the small business leader/entrepreneur and/or managers, supervisors or team leaders working in a small business enterprise. The four modules are designed to be sequential and cumulative, with each session building on the previous one. However, each module is also designed to stand on its own as a complete learning experience. Instructor Phil Kolbuc has been a small business owner and entrepreneur for over 25 years. As President of his own human resource development training and consulting company, Phil has worked with 100's of organizations from business and industry and personally trained 150,000 leaders, managers and supervisors. Register for all four modules at the same time and pay just \$179 each.

Module 1: Interpersonal Skills for Success

Gain insight into your own 'behavioural style' and the behavioural style of others; with this information, turn all potential conflict into cooperation.

Grand Forks campus \$199
Phil Kolbuc
1 class: Sep 19, Mon 9 am-4:30 pm

Module 2: Human Resource and Performance Management

Learn how to set up a performance review and management systems that comply with Labour Legislation and Human Rights.

Grand Forks campus \$199
Phil Kolbuc
1 class: Oct 17, Mon 9 am-4:30 pm



Module 3: Leadership Skills, Motivation & Building Effective Teams

Learn the skills for effective leadership and how to best motivate employees.

Grand Forks campus \$199
 Phil Kolbec
 1 class: Nov 14, Mon 9 am-4:30 pm

Module 4: Strategic Planning & Time Management

Learn how to use a strategic planning process to better manage your time and business.

Grand Forks campus \$199
 Phil Kolbec
 1 class: Dec 12, Mon 9 am-4:30 pm

RETIREMENT PLANNING: 5 YEARS TO GO

Considering retirement within the next five years? Discuss pension plans, taxes, RRSPs versus RIFs, and understand your investments and risk management.

Trail campus \$45 +HST
 Jennifer Cook
 2 classes: Oct 19 & 26, Wed 6-9pm

SOCIAL MARKETING: "BOW TO STERN" GUIDANCE FROM AN AWARD-WINNING ENTREPRENEUR

Social media provides a new and almost essential opportunity for your business marketing plan. What is a blog? How do I get started? How do they generate business? Develop an understanding of this powerful aspect of marketing success.

Grand Forks campus \$29
 Mike Elliot, Kettle River Canoes
 1 class: Nov 6, Sun 1-4 pm

TAX FREE SAVINGS ACCOUNTS (TFSA)

Pay absolutely no tax on any investment you purchase. Learn the "ins and outs" of the Tax Free Savings Account, new in 2009. Keep all of your earnings and make the most of your money.

Castlegar campus \$20 +HST
 Debbie Bayoff
 1 class: Oct 25, Tue 6:30-8:30 pm
 Trail campus \$20 +HST
 Debbie Bayoff
 1 class: Nov 3, Thu 6:30-8:30 pm



WOW, WHAT A GREAT EVENT!

Looking for a fun new career coordinating special events? Learn proven techniques from a master event planner.

Online
 Ed2Go - to register go to www.ed2go.com/selkirk \$134
 continuous intake

stay connected

If you are a Selkirk College graduate, join the **Alumni Association**. THE BENEFITS ARE BIG! Also, if you are interested in coordinating an alumni event for your program, contact the Alumni Association.

Join our facebook page - Selkirk College Alumni Association!

For more information: alumni@selkirk.ca
selkirk.ca/alumni | 250.505.1324



WRITING ESSENTIALS

Master the essentials of writing so you can excel at business communications, express yourself clearly online, and take your creative literary talents to a new level.

Online

Ed2Go - to register go to
www.ed2go.com/selkirk \$134
continuous intake

WRITING GRANTS

For beginners or experienced writers looking to learn the ins and outs of grant writing and to pick up tips. Workshop provides the ABC's of writing grants. Come prepared with a copy of one grant writing application form that you have an interest in writing.

Midway: BCSS \$59
Mona Mattei, Executive Director, Phoenix
Foundation
2 classes: Oct 21 & 28, Fri 1-4 pm

YOU'RE ON THE AIR: MEDIA RELATIONS SKILLS

Are you ready for your "15 minutes of fame" as media spokesperson for your organization? Learn how to communicate your messages with ease and flair when dealing with the media. Learn how to unpack and diffuse a reporter's questions, and how to ensure you get YOUR messages out during an interview. By getting in front of the camera to practice your role in a media interview, you will come away better prepared to "meet the press."

Nakusp centre \$99 +HST
Lorna Visser, Principal, Carmanah Strategies
1 class: Nov 26, Sat 9 am-4:30 pm

Nelson: Silver King campus \$99 +HST
Lorna Visser, Principal, Carmanah Strategies
1 class: Nov 4, Fri 9 am-4:30 pm

LEADERSHIP SKILLS FOR SMALL BUSINESS

Today's most successful companies know that leadership skills are not just for owners and managers; they must be embedded throughout the organization. Attend these two sessions with your key employees. Together you will learn proven leadership strategies for sparking the full potential of your business and making it to the next level.

Module 1: Customer Service and Innovation

Nakusp centre \$35 +HST
Marie Low
1 class: Oct 17, Mon 9 am-noon

Module 2: Project Management & Strategic Planning

Nakusp centre \$35 +HST
Marie Low
1 class: Oct 31, Mon 9 am-noon

Are you a non-profit community social service provider interested in professional development for yourself, your staff or your volunteers?

If so, the Kootenay Boundary Community Services Co-operative (KBCSC), with funding support from Columbia Basin Trust, is working with Selkirk College to provide you high quality training opportunities.

The KBCSC can provide financial support to eligible community social service organizations for training. For further details about the subsidy program, and application process view the KBCSC website at www.thekoop.ca or to call **250.352.6786**.

Academic Upgrading & Development

Adult Basic Education (ABE)—where adult learners prepare for life, work and further schooling.

IF YOU WANT TO...

- Upgrade reading, writing, spelling, math, science and computer skills
- Take prerequisite courses for post-secondary programs
- Get your high school diploma
- Get help with online or home study courses
- Prepare for the LPI or GED exam
- Gain valuable workplace essential skills

...THEN ABE IS FOR YOU!

ABE has no tuition, free books, evening and daytime classes, self-paced or instructor-led classes. Choose from six locations. Student Union fees apply.



HOW DO YOU START ABE?

- Call to arrange a time to meet with an instructor
- Come in to discuss your goals for the future
- Assess your present skill level
- Start anytime

TAKE THE FIRST STEP AND MAKE THE CALL TO FURTHER YOUR EDUCATION

To register and discuss your educational needs, contact the following:

Castlegar	Jen Cliff-Marks	250.365.1345
Grand Forks	Christy Luke	250.442.2704
Kaslo	Marilyn Roberts	250.353.2618
Nakusp	Andrea Kosling	250.265.3640
Nelson	ask for ABE	250.352.6601
Trail	Ian McAlpine	250.368.5236



Adult Special Education (ASE) Transitional Training

WE OFFER...

- Personal assistance and support for upgrading, pre-employment, skill development, independent living, self-advocacy and personal management skills.
- Food Service Worker program in Trail, leading to employment in the hospitality industry

To register and discuss ASE students' educational needs, contact the following:

Castlegar	Jen Cliff-Marks	250.365.1345
Grand Forks	Christy Luke	250.442.2704
Nelson	Ray Brock	250.352.6601
Trail	Ian McAlpine	250.368.5236

COLUMBIA BASIN ALLIANCE FOR LITERACY



We offer free adult, family and English as a second language (ESL) programs in your community. Adults may choose to improve their reading, writing, speaking, math and/or computer skills with a tutor or in a small group. Family literacy programs support parents in their role as their child's first and most important teacher.

To find out more, contact your community literacy coordinator:

Castlegar	Alana Murdoch	250-304-6862
Grand Forks	Sheila Dobie	250-584-4109
Kaslo	Barb Szuta	250-353-2289
Nakusp	Rhonda Palmer	250-265-3779
Nelson	Joan Exley	250-352-3218
Salmo	Laurie Macdonald	250-357-2874
Slocan Valley	Chris Nichol	250-355-0032
Trail	Desneiges Proflil	250-364-1275, #247

Or visit our website at www.cbal.org.



Craig Andrews Continuing Education Bursary - CACE

The CACE Bursary provides opportunities to community members who may be interested in a continuing education course and require financial assistance. This fund has been nurtured through the generosity of community-minded people throughout the Selkirk College service region.



To apply for CACE Bursary funds, contact the Continuing Education Department in your community (see page 70).

If you are interested in contributing to this worthwhile fund and would like to become a donor, please contact the Donor Services Coordinator at 250.365.1360 or email foundation@selkirk.ca or for more information visit selkirk.ca/about/ways-to-give.

computer & digital technology

AUTOCAD (2012): LEVEL 1

An intro to Computer Assisted Drafting and Design (CADD). Learn everything you need to know to produce shop drawings, building and site plans. Prerequisite: basic windows skills. Manual included.

Nelson: Silver King campus \$300
 Kai Korinth
 10 classes: Oct 4-Dec 6, Tue 6:30-9:30 pm

COMPUTER MAINTENANCE FOR BEST PERFORMANCE

Over time, computers slow down and sometimes grind to a halt. Learn to keep your computer up and running at optimal speeds with anti-virus software, scheduled backups and regular systems maintenance.

Nakusp centre \$36 +HST
 Marilyn Rivers
 1 class: Nov 4, Fri 9 am-noon

COMPUTERS: KNOW YOUR COMPUTER & WHAT IT CAN DO

Learn basics for working with computers. Get comfortable with operating programs and organizing files. Modules are for "newbies" and taking them as a series is recommended. The manual is \$35 +HST and is used for all four modules.

Module I: PC And Windows Basics

Understand what a computer system is and become better informed when looking to buy one. Find out what "booting up" is and how to shut down. Learn about windows, how to use the mouse, desktop, icons, files and folders.

Grand Forks campus \$30
 Jay Alblas
 1 class: Oct 4, Tue 12:30-3 pm

Nakusp centre \$30
 Marilyn Rivers
 1 class: Oct 7, Fri 9-11:30 am

Nelson: Silver King campus \$30
 Deborah Andrews
 1 class: Oct 1, Sat 9 am-11:30 am



Module II: Windows Tools and Filing

Learn what files and folders are, how to recognize the parts of a window, how to save files and the difference between the A, C, and D drives. Learn about My Computer, My Documents and Windows Explorer. Find out about help, search, control panel and how to customize the desktop.

Grand Forks campus \$30
 Jay Alblas
 1 class: Oct 6, Thu 12:30-3 pm

Nakusp centre \$30
 Marilyn Rivers
 1 class: Oct 14, Fri 9-11:30 am

Nelson: Silver King campus \$30
 Deborah Andrews
 1 class: Oct 1, Sat 12:30 pm-3 pm

Module III: Working with Windows Programs

Get experience with the programs that come with windows, such as Notepad, games, calculator, paint, internet and email.

Grand Forks campus \$30
 Jay Alblas
 1 class: Oct 11, Tue 12:30-3 pm

Nakusp centre \$30
 Marilyn Rivers
 1 class: Oct 21, Fri 9-11:30 am

Nelson: Silver King campus \$30
 Deborah Andrews
 1 class: Oct 8, Sat 9-11:30 am

Module IV: Organizing Your Files

Use My Computer and Explorer to organize and manage files and folders. Learn how to create, find, open, rename, copy and move items.

Grand Forks campus	\$36
Jay Alblas	
1 class: Oct 13, Thu 12:30-3:30 pm	
Nakusp centre	\$36
Marilyn Rivers	
1 class: Oct 28, Fri 9 am-12 pm	
Nelson: Silver King campus	\$30
Deborah Andrews	
1 class: Oct 8, Sat 12:30 pm-3 pm	

MICROSOFT EXCEL 2010: AN INTRODUCTION

Become proficient in using Microsoft Excel 2010 and discover dozens of shortcuts and tricks for setting up fully formatted worksheets quickly and efficiently.

Online	
Ed2Go - to register go to www.ed2go.com/selkirk	\$134
continuous intake	

MICROSOFT EXCEL 2007, LEVEL I: ESSENTIAL SKILLS

Create spreadsheets and charts, build worksheets, create simple formulas, functions and more. Manual extra.

Castlegar campus	\$198
Bev Horst	
3 classes: Oct 6-20, Thu 8:30 am-3:30 pm	
Grand Forks campus	\$198
Jay Alblas	
6 classes: Oct 18-Nov 3, Tue & Thu, 6:30-9:30 pm	
Nakusp centre	\$36
Marilyn Rivers	
1 class: Oct 28, Fri 1-4 pm	
Trail campus	\$198
Bev Horst	
6 classes: Sep 26-Oct 17, Mon & Wed 6-9 pm	
No class Oct 10	

EXCEL 2007: LEVEL II

Use the AutoFill handle, create ranges of cells and sort lists, create a web page from a worksheet, change cell size and alignment and use function analysis. Manual extra.

Castlegar campus	\$198
Bev Horst	
3 classes: Nov 8-22, Tue 8:30 am-3:30 pm	
Grand Forks campus	\$198
Jay Alblas	
6 classes: Nov 8-24, Tue & Thu, 6:30-9:30 pm	
Trail campus	\$198
Bev Horst	
6 classes: Nov 7-23, Mon & Wed 6-9 pm	



POWERPOINT 2007

In a fun and supportive environment, you will learn to create and manage presentations using a variety of core and intermediate features. Prerequisite: Basic keyboarding and Windows skills.

Nelson: Silver King campus	\$144 plus manual
Anne Cavicchi	
4 classes: Nov 12-Dec 3, Sat. 9 am-12 noon	

POWERPOINT PRESENTATION

Create a presentation from the ground up, working with text, illustrations, smart art, shapes and tables. Incorporate slide master and add animations. Keyboarding skills, understanding of MS Office required, prefer intro. knowledge of Powerpoint. .

Trail campus	\$75 plus manual
Marg Poohachoff	
2 classes: Nov 2 & 9, Wed 6-8:30 pm	

QUICKBOOKS: LEVEL 1

Learn how to perform daily accounting tasks in the General Ledger, Accounts Receivable, Accounts Payable and Payroll.

Nelson: Silver King campus \$198
plus manual

Anne Cavicchi
6 classes: Oct 18-Nov 5, Tue 4-7 pm & Sat
9 am-12 pm

SIMPLY ACCOUNTING: LEVEL I

Learn the basic setup for charting accounts, initial journal entries, payroll, invoices, inventory and job costing. Prerequisite: Windows experience and bookkeeping knowledge. Bring a memory stick for data storage. Manual extra.

Grand Forks campus \$198

Bev Horst
3 classes: Nov 4, 5 & 6, Fri, Sat & Sun,
9 am-4 pm

Trail Campus \$198
Bev Horst
6 classes: Nov 8-Dec 1, Tue & Thu, 6-9 pm

WINDOWS 7: AN INTRODUCTION

Get up to speed quickly on Microsoft Windows 7 with this fun and easy hands-on course for beginners.

Online
Ed2Go - to register go to
www.ed2go.com/selkirk \$134
continuous intake



WORD 2007 MODULES

Learn to work with text and documents using the Word 2007 screen. Manual is \$35 +HST and is used for all four modules.

Module I

Introduction to Word 2007 screen, work with text and documents. Manual extra.

Nelson: Silver King campus \$36
Deborah Andrews
1 class: Oct 22, Sat 1-4 pm

Module II

Manipulating and editing text, formatting characters and paragraphs. Manual extra.

Nelson: Silver King campus \$36
Deborah Andrews
1 class: Oct 29, Sat 1-4 pm

Module III

Setting tabs and indents. Prerequisite: Understanding of Word and Word Processing. Manual extra.

Nelson: Silver King campus \$36
Deborah Andrews
1 class: Nov 5, Sat 1-4 pm

Module IV

Creating headers and footers, preparing to print. Prerequisite: Understanding of Word and Word Processing. Manual extra.

Nelson: Silver King campus \$36
Deborah Andrews
1 class: Nov 12, Sat 1-4 pm

MICROSOFT WORD 2007, LEVEL 1: ESSENTIAL SKILLS

For those with little or no Word experience. Learn to create and edit documents, apply formatting options, set tabs and indents, change the view mode, manipulate the text using features such as copy and paste, preview and print documents. Keyboarding skills are essential. Prerequisite: Know your Computer Module 1-4 or equivalent.

Nakusp centre \$36 +HST plus manual
Marilyn Rivers
1 class: Oct 22, Sat 1-4 pm

Trail campus \$132 plus manual
Marg Poohachoff
4 classes: Nov 7-28, Mon 6-8:30 pm

MICROSOFT WORD 2007, LEVEL III: ADVANCED SKILLS

Advanced training which includes the following: merging documents/data bases; organizing information - sorting paragraphs, tables, files, creating outlines; sharing documents - reviewing, setting tracking options/changes

using comments and; working with references - captions, bibliographies, creating bookmarks, cross references, an index and a table of contents. Not for beginners.

Trail campus \$109 plus manual
 Marg Poohachoff
 3 classes: Sep 12-26, Mon 6-8:30 pm

DIGITAL

CREATING DIGITAL BOOKS

Create a cookbook or a unique memory of special occasions, anniversaries, new babies or travel! Using Kodak's or Blurb's offline software, produce your own beautiful and professional-looking hardcover book. Prerequisite: Keyboarding and basic computer skills. Bring a memory stick containing your memorabilia, photos, poetry or recipes.

new Nelson: Silver King campus \$59 +HST
 Anne Cavicchi
 2 classes: Nov 15 & 22, Tue 4-7 pm

DIGITAL CAMERA PART 1: HOW TO USE IT

Understand resolution and how to manipulate it to suit your needs. Get familiar with digital camera controls and put your camera to use in various conditions. Bring your camera and its manual.

Castlegar campus \$45 +HST
 Ed Chernoff
 1 class: Oct 4, Tue 6-9 pm

Grand Forks campus \$45 +HST
 Ed Chernoff
 1 class: Oct 16, Sun 9 am-12 pm

Nakusp centre \$45 +HST
 Lee Orr Photography
 1 class: Oct 22, Sat 1-4 pm

Nelson: Silver King campus \$45 +HST
 Ed Chernoff
 1 class: Oct 15, Sat 9 am-12 pm

Trail campus \$45 +HST
 Ed Chernoff
 1 class: Oct 5, Wed 6:30-9:30 pm

DIGITAL CAMERA PART 2: THE CREATIVE & DESIGN SIDE

Discuss design, creative camera controls; what makes photos appealing to the eye. Bring 5 of your best photos and 5 poor or problem photos

on a disk or flash drive to practice techniques. Prerequisite: Digital Cameras Part 1.

Castlegar campus \$45 +HST
 Ed Chernoff
 1 class: Oct 11, Tue 6-9 pm

Grand Forks campus \$45 +HST
 Ed Chernoff
 1 class: Oct 16, Sun 1-4 pm

Nelson: Silver King campus \$45 +HST
 Ed Chernoff
 1 class: Oct 15, Sat 1-4 pm

Trail campus \$45 +HST
 Ed Chernoff
 1 class: Oct 12, Wed 6:30-9:30 pm



DIGITAL CAMERA: TRAVEL PHOTOGRAPHY AND VIDEO

An overview of the equipment techniques, software and distribution methods available to learn how to create and present your travel stories. Explore low-and high-end equipment options with an emphasis on the best and most cost effective equipment/software.

new Castlegar campus \$45 +HST
 Ed Chernoff
 1 class: Oct 18, Tue 6-9 pm

new Grand Forks campus \$45 +HST
 Ed Chernoff
 1 class: Oct 22, Sat 1-4 pm

new Nelson: Silver King campus \$45 +HST
 Ed Chernoff
 1 class: Oct 20, Thu 6:30-9:30 pm

new Trail campus \$45 +HST
 Ed Chernoff
 1 class: Oct 19, Wed 6:30-9:30 pm

DIGITAL CAMERA: ADVANCED

Own a great point and shoot or an SLR camera but want to get more from it? Learn the tricks and techniques to get the most from your camera and take great photos in any situation. We'll go on a short photo shoot to help you get the best results and improve your photography.

Nakusp centre \$60 +HST
 Lee Orr Photography
 1 class: Oct 23, Sun 1-5 pm

WORKING WITH DIGITAL PICTURES

Explore Photoshop Elements version 6, including hardware requirements, resizing/cropping images for print, web or email use, file formats, basic retouching, colour-correcting/optimizing, collages, layers and slide shows, combining black and white and colour, web galleries for photo-sharing. Must be familiar with Windows XP and be able to create and move files and folders. If not please register for "Know Your Computer and What it Can Do" Module 3.

Nakusp centre \$96 +HST
 Lee Orr Photography
 2 classes: Oct 15 & 16, Sat & Sun 1-5 pm

WEB-BASED TRAINING

CREATING WEB PAGES

Learn the basics of HTML so you can design, create, and post your very own site on the web.

Online
 Ed2Go - to register go to
www.ed2go.com/selkirk \$134
 continuous intake

GOOGLE SKETCHUP

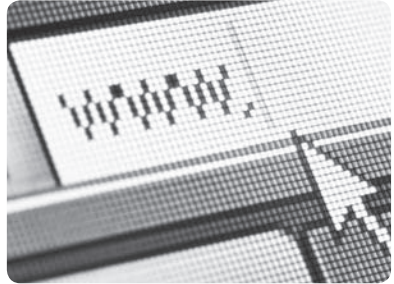
It is very useful to be able to virtually build something before you actually build something. With this powerful drafting tool, learn how to quickly turn an idea into a 3D sketch, and develop accurate working drawings and cutlists (and the basic software is FREE).

new Grand Forks campus \$84
 Michael Hollihn
 1 class: Oct 1, Sat 9 am-4 pm

LIBRARY ORIENTATION ONLINE

Learn how to use Selkirk College library online to find books, magazines, journals and newspapers. Must have a Selkirk College student number.

Kaslo centre
 Free
 Gregg Currie, College Librarian
 1 class: Oct 5, Wed 9:30-11:30 am



WEB DO-IT-YOURSELF

Module 1: Getting Started

Learn about domain name registrations, search engine keywords, website hosting and publishing, as well as do-it-yourself template options. Whether you plan to create a website yourself, or have someone do it for you, this class will help get you started.

Nakusp centre \$36
 Marilyn Rivers
 1 class: Oct 15, Sat 9 am-12 pm

Module 2: Creating Your Site

Learn how to create and link multiple documents for a basic website using a word processor, and how to publish to a web server. Bring electronic copies of photos or files you'd like to include on your website and you'll leave the course with a personal website ready to publish. Prerequisites: Website Module 1 and Microsoft Word 2007 Level 1.

Nakusp centre \$36
 Marilyn Rivers
 1 class: Oct 22, Sat 9 am-12 pm

Module 3: HTML Basics

Building on module 2, learn basic HTML code to create and link multiple documents for a basic website, and how to program meta tags such as keywords into your site. Prerequisite: Website Modules 1 & 2.

Nakusp centre \$36
 Marilyn Rivers
 1 class: Oct 29, Sat 9 am-12 pm

IBDE WEB ESSENTIALS PROGRAM

IBDE Web Essentials is a six-month, online program in web design. During the program, students build a fully functional e-commerce ready website for an organization in their community, for their own web design business, or to sell their own products or services online. Students gain marketable skills in a structured e-learning environment under the guidance of qualified instructors. Graduates receive a Selkirk College certificate in Web Design and Optimization. Advanced courses are also available in web marketing and dynamic database design.

Visit **www.ibde.ca** for further details and to submit an online application.

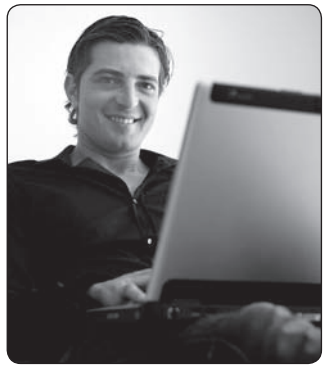
For assistance, please contact Mary Alton at mary@ibde.ca or 1.888.9.ASPIRE (1.888.927.7473), ext. 2.



selkirk college distance education

ARE YOU LOOKING TO IMPROVE YOUR JOB PROSPECTS, RE-ENTER THE WORKPLACE, START A NEW CAREER OR IMPROVE YOUR EDUCATION FOR YOUR PERSONAL SATISFACTION?

| distance education |



Selkirk College offers a wide range of distance courses and programs that are accessible and flexible for study from anywhere. Most courses are online, some are paper-based, others are a combination. Some programs have flexible intakes while others are on a semester system. As well, we offer a number of individual courses in a variety of programs, including University Arts and Sciences.

The following certificate programs are offered by distance:

- Advanced Medical Transcription
- BC Electrical Code
- Gerontology Nursing
- Golf Club Operations Online
- Nursing Unit Clerk
- Pharmacy Technician
- Refrigeration Plant Operator

For further information, please phone Selkirk College at 250.365.7292 or toll free at 1.888.953.1133. Or, visit selkirk.ca/programs/distance.

environment & sustainability

RENEWABLE ENERGY - IT PAYS TO BE GREEN

You've no doubt heard that our addiction to fossil fuels is essential. Rob argues renewable energy costs less, is more dependable and there is sufficient renewable energy resources to sustain humanity at a high standard of living well into the future.

new Castlegar campus \$16 +HST
Robert Macrae
1 class: Oct 27, Thu 6:30-8:30 pm

new Nakusp centre \$16 +HST
Robert Macrae
1 class: Oct 29, Sat 10 am-12 pm

Nelson: Silver King campus \$16 +HST
Robert Macrae
1 class: Nov 1, Tue 6:30-8:30 pm

new Trail campus \$16 +HST
Robert Macrae
1 class: Nov 8, Tue 6:30-8:30 pm

GPS: INTRO. TO HANDHELD

Find your way out of the bush, retrace steps, and locate your position on a map. Learn about Geocaching and how to use GoogleEarth and the Online Mapping function of the Selkirk Geospatial Research Centre website. Please dress for the conditions. Bring your own Garmin GPS or one can be provided for your use.

Castlegar campus \$48 +HST
Stu Deverney
1 class: Oct 15, Sat 9 am-1 pm

Trail campus \$48 +HST
Stu Deverney
1 class: Oct 13, Thu 5-9 pm
1 class: Oct 15, Sat 9 am-1 pm

GPS: BEYOND THE BASICS

Hands-on exploration for recreational GPS and SPS tools. Discover various data sources, loading all types of data to/from GPS, use Google Earth and other online services with GPS, georeference your digital photos to share with others, geocaching and may other tools to

maximize your GPS experience will be presented in an interactive format. Prerequisite: Basic GPS skills. See Intro. to Handheld GPS.

Trail campus \$48 +HST
Stu Deverney
1 class: Oct 20, Thu 5-9 pm
1 class: Oct 22, Sat 9 am-1 pm

GEOCACHING FOR FAMILIES

Treasure hunt with your family using GPS technology in this real world game. No previous experience required.

Trail campus \$36 +HST
Stu Deverney
1 class: Oct 27, Thu 5-8 pm
1 class: Oct 29, Sat 9 am-12 pm

IMPROVING INDOOR AIR QUALITY (IAQ)

Is your home making you ill, or are you renovating or building new? Learn how to investigate the quality of air in your current home and what are the dangers of poor IAQ. Discover ways to improve your IAQ through products and practices.

new Nelson: Silver King campus \$29 +HST
Shari Imada
1 class: Nov 19, Sat 9 am-12 pm

PERMACULTURE TRAINING PROGRAM

Learn the basic design principles and techniques, plus develop practical skills to implement sustainable designs for ecological landscapes. This 6-week intensive combines theory with practical hands-on experiences. Course graduates receive the Permaculture Design Course Certificate. Visit selkirk.ca/ce for details. Tuition support may be available for eligible students.

Nelson: Silver King campus \$2990
Gregoire Lamoureux, Kootenay Permaculture Institute
29 classes: Sep 12-Oct 21, Mon-Fri, 9 am-4 pm
No class Oct 10

first aid & safety training

— first aid & safety training I



OCCUPATIONAL FIRST AID (OFA): LEVEL I (16+)

Our most popular workplace course. Learn "A" level CPR/AED, and how to deal with minor wounds, airway breathing and circulatory emergencies until medical aid arrives. Materials included. 3-year certificate. Please bring photo I.D. to class. Register and pay for OFA Transportation Endorsement course at the same time and receive a \$10 discount.

Castlegar campus \$99
Orion Farley, Wren McElroy, Deborah Myers,
Terry O'Gorman

1 class: Sep 24, Sat 8:30 am-5 pm
1 class: Oct 14, Fri 8:30 am-5 pm
1 class: Oct 29, Sat 8:30 am-5 pm
1 class: Nov 18, Fri 8:30 am-5 pm
1 class: Nov 19, Sat 8:30 am-5 pm
1 class: Dec 3, Sat 8:30 am-5 pm

Grand Forks campus \$99
Neil Krogh

1 class: Sep 7, Wed 8 am-5 pm
1 class: Oct 29, Sat 8 am-5 pm
1 class: Nov 19, Sat. 8 am-5 pm

Midway: BCSS \$99
Marg Moore

1 class: Oct 1, Sat. 8 am-5 pm

Nakusp centre \$99
Brian Parsons

1 class: Oct 21, Fri 8:30 am-4:30 pm
1 class: Nov 26, Sat 8:30 am-4:30 pm
1 class: Dec 12, Mon 8:30 am-4:30 pm
1 class: Dec 13, Tue 8 am-4 pm

Nelson: Silver King campus \$99
Orion Farley, Deborah Myers, Terry O'Gorman
1 class: Sep 17, Sat 8:30 am-5 pm
1 class: Oct 15, Sat 8:30 am-5 pm
1 class: Nov 5, Sat 8:30 am-5 pm

Trail campus \$99
Billie Padavell

1 class: Sep 24, Sat 8:30 am-5 pm
1 class: Oct 8, Sat 8:30 am-5 pm
1 class: Oct 13, Thu 8:30 am-5 pm
1 class: Nov 9, Wed 8:30 am-5 pm
1 class: Nov 26, Sat 8:30 am-5 pm
1 class: Dec 3, Sat 8:30 am-5 pm
1 class: Dec 8, Thu 8:30 am-5 pm

OCCUPATIONAL FIRST AID (OFA): LEVEL II

Learn assessment and treatment skills that are the responsibility of the OFA attendant who provides first aid care in industry. Recommended if situated within 20 minutes of a hospital. Pick up books prior to class for pre-reading assignments. 3-year certificate.

Trail campus \$625
Marg Moore
5 classes: Nov 14-18, Mon-Fri, 8:30 am-4:30 pm

OCCUPATIONAL FIRST AID (OFA): LEVEL III

Learn assessment and treatment skills that are the responsibility of the OFA attendant who provides first aid care in industry. Recommended if situated more than 20 minutes from a hospital. Pick up your books prior to class for pre-reading assignments. Please note that Level 3 evaluations are scheduled following the course dates; check when registering for the scheduled evaluation date. Students must attend entire course in order to complete. Prerequisite: none. Manual and exam fees included. 3-year certificate. Bring Photo ID to class.

Castlegar campus: location TBA Terry O'Gorman 10 classes: Oct 17-28, Mon-Fri, 8:30 am-5:30 pm exam Nov 1 15 classes: Nov 6-Dec 8, Sun 8:30 am-4:30 pm, Tue & Thu, 6-9:30 pm exam Dec 11	\$725
Grand Forks campus Neil Krog 10 classes: Oct 11-24, Mon-Fri, 8 am- 5pm No class Oct 10	\$725
Nelson: Silver King campus Orion Farley, Terry O'Gorman, Tom Van Alstine 10 classes: Sep 19-30, Mon-Fri, 8:30 am-4:30 pm 15 classes: Nov 7-Dec 10, Mon & Wed, 6-9:30 pm, Sat 8:30 am-4:30 pm 10 classes: Nov 21-Dec 2, Mon-Fri, 8:30 am-4:30 pm	\$725
Trail campus Marg Moore 10 classes: Oct 17-28, Mon-Fri, 8:30 am-4:30 pm	\$725

OCCUPATIONAL FIRST AID (OFA): LEVEL III REFRESHER COURSE

Learn the practical portion of OFA Level III. ONLY for those already possessing a current Level III certificate. It is strongly recommended that all pre-reading and homework be completed prior to class start; pick up books at least two weeks before the course. Students must attend an interview with an instructor who will assess their knowledge of first aid concepts. Exam date TBA. Manual and exam fees included. 3-year certificate. Bring photo ID to class.

Castlegar campus Wren McElroy 5 classes: Oct 11-15, Tue-Sat, 8:30 am-4:30 pm exam Oct 16	\$525
Nelson: Silver King campus Terry O'Gorman, Tom Van Alstine 5 classes: Oct 24-28, Mon-Fri, 8:30 am-4:30 pm	\$525

OCCUPATIONAL FIRST AID (OFA): TRANSPORTATION ENDORSEMENT

OFA 1 attendants learn more advanced patient assessment and critical intervention procedures while safely moving workers with spinal injuries to medical aid. Prerequisite: Valid OFA Level 1 Certificate. Recommended for small operators situated more than 20 minutes from hospital. 3-year certificate. Bring current OFA 1 certificate to class and picture ID. Register for OFA Level 1 at the same time and receive a \$10 discount.

Castlegar campus Orion Farley, Terry O'Gorman 1 class: Oct 30, Sun 8:30 am-4:30 pm 1 class: Dec 4, Sun 8:30 am-4:30 pm	\$99
Grand Forks campus Neil Krog 1 class: Sep 8, Thu 8 am- 5pm 1 class: Oct 30, Sun 8 am- 5pm 1 class: Nov 20, Sun 8 am-5 pm	\$99
Midway: BCSS Marg Moore 1 class: Oct 2, Sun 8 am-5 pm	\$99
Nakusp centre Brian Parsons 1 class: Nov 27, Sun 8 am-4 pm	\$99
Nelson: Silver King campus Orion Farley, Terry O'Gorman, Tom Van Alstine 1 class: Sep 18, Sun 8:30 am-5 pm 1 class: Nov 6, Sun 8:30 am-5 pm	\$99
Trail campus Billie Padavell 1 class: Oct 29, Sat 8:30 am-5:00 pm	\$99



FIRST AID - RED CROSS

BABYSITTER CERTIFICATE

For youth ages 11-14 who want to look after kids. Get the inside scoop on general first aid, basic child care, what to do in an emergency and crafts and games. Cost includes manual and certificate.

Grand Forks campus Anisah Madden 1 class: Nov 20, Sun 8 am-5 pm	\$65
Kaslo centre Candace Begg 2 classes: Nov 19 & 26, Sat 10 am-4 pm	\$65

Midway: BCSS \$65
 Anisah Madden
 1 class: Nov 4, Fri 8 am- 5pm

Trail campus \$65
 Linda Clark
 1 class: Oct 15, Sat 8 am-5 pm



CHILD CARE EMERGENCY FIRST AID

Get an overview of first aid and CPR techniques taught in an interactive environment. This course is for individuals who care for babies or children at home. Learn skills needed to recognize, prevent and respond to cardiovascular emergencies for adults, children and babies. CPR Level B. Other topics include choking, airway and breathing emergencies and prevention of disease transmission. Manual included.

Castlegar campus \$99 or \$154 per couple
 Deborah Myers
 2 classes: Nov 14 & 16, Mon & Wed, 6-10 pm

Grand Forks campus
 Marg Moore \$99 or \$154 per couple
 1 class: Dec 10, Sat 8:30 am-4:30 pm

Rock Creek: Rock Creek Medical Society,
 100 Rock Ck Cutoff \$99 or \$154 per couple
 Marg Moore
 1 class: Oct 15, Sat 9 am-5 pm

Nelson: Silver King campus
 \$99 or \$154 per couple
 Orion Farley, Deborah Myers, Terry O'Gorman
 1 class: Dec 4, Sun 9 am-5 pm

Trail campus \$99 or \$154 per couple
 Diana Ferguson
 Billie Padavell
 1 class: Nov 19, Sat 8:30 am-4:30 pm

CPR C FOR HEALTH CARE PROVIDERS, NURSES, RESPIRATORY TECHNICIANS

Covers all CPR levels, course material, plus AED, Rescue Breathing, Adult/Child/Baby 2-rescuer CPR and Bag-Valve-Masks (BVMs).

Trail campus \$70
 Diana Ferguson
 1 class: Dec 13, Tue 5-10 pm

CPR LEVEL C

For police, firefighters, first responders, workplace teams, nursing students and lifeguards. Learn CPR for adult, child and infant, two-rescuer CPR, barrier devices and Automated External Defibrillation (AED). Circulation check and rescue breathing may be covered. Manual and barrier device included.

Castlegar campus \$70
 Deborah Myers
 1 class: Nov 12, Sat 8:30 am-3:30 pm

Grand Forks campus \$70
 Marg Moore
 1 class: Nov 5, Sat 9 am-3 pm

Nakusp centre \$70
 Brian Parsons
 1 class: Oct 24, Mon 8:30 am-3:30 pm

Nelson: Silver King campus \$70
 Orion Farley, Deborah Myers, Terry O'Gorman
 1 class: Oct 8, Sat 8:30 am-3:30 pm
 1 class: Dec 3, Sat 8:30 am-3:30 pm

Trail campus \$70
 Diana Ferguson
 1 class: Oct 11, Tue 5-10 pm

CPR LEVEL C RECERTIFICATION

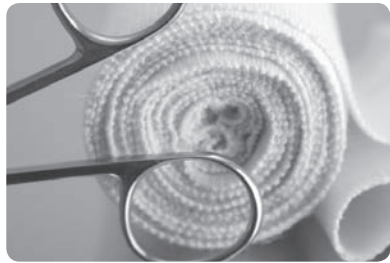
For those already holding a valid CPR C Certificate. Bring current CPR C certificate to class. Manual extra if required.

Castlegar campus \$50
 Orion Farley
 1 class: Nov 21, Mon 6-10 pm

Nelson: Silver King campus \$50
 Orion Farley, Deborah Myers, Terry O'Gorman
 1 class: Oct 17, Mon 6-10 pm
 1 class: Nov 29, Tue 6-10 pm

Trail campus \$50
 Diana Ferguson
 Billie Padavell
 James Newton
 Linda Clark
 1 class: Oct 25, Tue 6-10 pm
 1 class: Nov 15, Tue 6-10 pm
 1 class: Dec 6, Tue 6-10 pm

Trail campus \$170
 Billie Padavell
 2 classes: Nov 5 & 6, Sat & Sun, 8:30 am-5:30 pm
 2 classes: Dec 10 & 11, Sat & Sun, 8:30 am-5:30 pm



FIRST AID - ST. JOHN AMBULANCE

EMERGENCY FIRST AID FOR INDUSTRY

This 1-day certification course meets the requirements for WorkSafeBC OFA Level 1. Course content includes: emergency scene management, artificial respiration/assisted breathing, shock, unconsciousness, and fainting, choking (adult), CPR and introduction to AED, severe bleeding, minor wound care and documentation and medical conditions. Participants must be 16 years of age and must be physically able to perform the required first aid and CPR skills.

Kaslo centre \$99
 Robert Crosthwaite
 1 class: Nov 18, Fri 8 am-5 pm

STANDARD FIRST AID WITH CPR C/AED

This is a 2-day certification course. Course content includes: (day 1) emergency scene management, shock, unconsciousness and fainting, artificial respiration (adult), choking (adult), CPR and introduction to AED, severe bleeding, minor wound care and documentation, medical conditions, (day 2) AED secondary survey, bone and joint injuries, head, spinal and pelvic injuries, chest injuries, rescue carries, eye injuries, burns, poisons, bites and stings, and heat and cold injuries. Participants must be 16 years of age and must be physically able to perform the required first aid and CPR skills.

EMERGENCY FIRST AID WITH CPR C

Learn comprehensive First Aid and CPR techniques, how to respond to emergencies, the EMS system, and the 3 key principles in First Aid: check, call, care. Covers airway, breathing and circulation emergencies. Also first aid for: respiratory and cardiac arrest, head and spine injuries, bone, muscle and joint injuries and wound care. Includes Automated External Defibrillation (AED).

Castlegar campus \$99
 Deborah Myers
 1 class: Nov 20, Sun 8 am-5 pm

STANDARD FIRST AID WITH CPR C

Learn comprehensive first aid and CPR techniques, how to respond to emergencies, the EMS system, and the 3 key principles in First Aid: check, call, care. Covers airway, breathing and circulation emergencies. Also, first aid for: respiratory and cardiac arrest, head and spine injuries, bone, muscle and joint injuries and wound care. Includes Automated External Defibrillation (AED). Pick up the manual prior to course date for pre-reading. Manual included.

Castlegar campus \$170
 Orion Farley
 2 classes: Nov 26 & 27, Sat & Sun, 8 am-5 pm

Grand Forks campus \$170
 Marg Moore
 2 classes: Sep 17 & 18, Sat & Sun, 8 am-6 pm
 2 classes: Dec 3 & 4, Sat & Sun, 8 am- 6pm

Midway: BCSS \$170
 Marg Moore
 2 classes: Oct 22 & 23, Sat & Sun, 8 am-6 pm

Nakusp centre \$170
 Brian Parsons
 2 classes: Oct 24 & 25, Mon & Tue,
 8:30 am-5:30 pm

Nelson: Silver King campus \$170
 Orion Farley, Deborah Myers, Terry O'Gorman
 2 classes: Oct 22 & 23, Sat & Sun, 8:30 am-5 pm

Kaslo centre \$170
 Robert Crosthwaite
 2 classes: Nov 25-26, Fri & Sat, 8 am-5 pm

WILDERNESS FIRST AID

SKILL BOOSTER

Increase your competence and broaden risk management perspective. Annual Skill Boosters keep skills sharp. Retain more, deepen comprehension and enhance your skills far beyond your initial training. **BONUS:** In third year, qualify for short recertification - Explorer: 2 days, Advanced Backcountry: 4 days. Call Wilderness Alert at 1.800.298.9919 to register.

Nelson: Silver King campus
 Wilderness Alert
 2 classes: Oct 22 & 23, Sat & Sun



MOTOR VEHICLE

AIR BRAKES

To operate vehicles equipped with air brakes on a highway (other than a vehicle defined as construction vehicle), you must have a BC driver's license with an air brake endorsement (code 15). Prerequisite for a Class 1 driver's license—must be 19 years of age. Please pick up the manual in advance. Note: ICBC may require an eye examination prior to endorsement of license.

Nelson: Silver King campus \$210
 Dave Griffin
 3 classes: Sep 30-Oct 2, Fri 6-10 pm,
 Sat & Sun 8 am-4:30 pm

DRIVER TRAINING

8 hours in-car, 8 hours in-class. In-car sessions to be arranged with instructor. For more information please contact Wilf Warner, Columbia Driving Solutions at: 1.877.365.6367.

Kaslo centre \$439 +HST
 Wilf Warner

Nakusp centre \$439 +HST
 Wilf Warner

GRADUATED LICENSE PROGRAM

18 hours in-class, 14 hours in-car (3 hours in Kaslo/Nakusp and the balance in Nelson/Castlegar. In-car sessions to be arranged with instructor. For more information, please contact Wilf Warner, Columbia Driving Solutions at: 1.877.365.6367.

Kaslo centre \$899
 Wilf Warner

Nakusp centre \$899
 Wilf Warner



SAFETY

AMMUNITION RELOADING - INTRO

An introductory course focussed on the how and why of making your own ammunition. This course will be of interest to the novice ammunition reloader who will learn ammunition safety, ammunition construction, reloading cost and fine-tuning ammunition for individual needs. Manual "ABC's of Reloading" included.

Trail campus \$55 +HST
 Colin Kenning
 1 class: Nov 23, Wed 5:30-9:30 pm



COMPANION AVALANCHE RESCUE COURSE

Have you taken an avalanche course and are rusty with rescue skills? Or maybe you have been riding in the backcountry for some time and feel like you need practice in avalanche rescue. Did you know that avalanche rescue techniques have improved in the last couple of years? Take this course in rescue theory, followed by a day of avalanche rescue scenarios in an outdoor setting. Leadership, probing, shoveling and the use of transceiver are some of the skills that will be developed.

new Castlegar campus \$125
2 classes: Dec 2, Fri 6:30-9:30 pm, Dec 3, Sat 8 am-4:30 pm

AVALANCHE SKILLS TRAINING LEVEL I

Learn avalanche phenomena, safe winter travel techniques and rescue and snowpack assessment. Includes 1 evening class and 2 days in the backcountry. Prerequisite for Canadian Avalanche Level I course. If you have seven or more people requiring this training, we can set a custom course to suit your time schedule and sport.

Castlegar campus Field site TBA \$195
3 classes: Dec 16-18, Fri 6:30-9:30 (classroom), Sat & Sun, 8 am-4:30 pm (field days)

AVALANCHE SKILLS TRAINING LEVEL I REFRESHER

This full day field course is designed as a refresher for those that have taken an AST1 or RAC course. Topics include: equipment review, decision making, CAC avalanche bulletins, slope evaluation, and travel techniques.

new Castlegar campus Field site TBA \$95
1 class: Dec 10, Sat 8 am-4:30 pm

AVALANCHE SKILLS TRAINING LEVEL II

Designed for those who wish to expand their skills and knowledge in avalanche safety. Four full days in the backcountry and three evening classroom sessions. This course covers advanced avalanche theory, hazard recognition, stability evaluation, route finding, rescue, and group management. Participants must be physically fit and advanced intermediate or expert skiers or boarders and must have their own backcountry travel equipment.

Castlegar campus: Field site TBA \$375
5 classes: Jan 6, 7, 14, 21 & 22 (course begins 6:30 pm on Jan 6)

AVALANCHE SKILLS TRAINING LEVEL II REFRESHER

This full-day field course is designed as a refresher for those that have taken an AST2 or ARAC course. Topics include: evaluating snow stability, route finding and decision making in avalanche terrain.

new Castlegar campus: Field site TBA \$115
1 class: Dec 11, Sun 8 am-4:30 pm

CANADIAN FIREARMS SAFETY: NON-RESTRICTED FIREARMS

Learn safe handling of all common types of firearms. Collecting, history and shooting techniques will be discussed. Required to obtain or renew a Firearms Acquisition Certificate. Ages 12 and up, but must be 18 to obtain the Possession and Acquisition License (there is an additional fee to apply for the PAL). Pick up the manual before the course. Manual and exam

fee included. Photo ID or equivalent is required at class.

Castlegar campus Ron Ready 2 classes: Nov 19 & 20, Sat 9 am-5 pm, Sun 9 am-1 pm	\$105
Grand Forks campus Ron Ready 2 classes: Oct 15 & 16, Sat 9 am-5 pm, Sun 9 am- 1pm	\$105
Kaslo centre Dennis Millan 2 classes: Dec 3-4, Sat 9 am-5 pm, Sun 9 am-1 pm	\$105
Nakusp centre Dorian Boswell 1 class: Sep 25, Sun 9 am-5 pm	\$105
Nelson: Silver King campus Dennis Millan 2 classes: Nov 12 & 13, Sat & Sun, 9 am-5 pm	\$105
Trail campus Colin Kenning & Bruce Donaldson 2 classes: Oct 15 & 16, Sat & Sun 9 am-5 pm 2 classes: Nov 19 & 20 Sat & Sun 9 am-5 pm 2 classes: Dec 10 & 11 Sat & Sun 9 am-5 pm	\$105



CANADIAN FIREARMS SAFETY: RESTRICTED FIREARMS

Currently there is no fee to apply for a Restricted Possession and Acquisition License (PAL) if you have a Non-Restricted PAL. Prerequisite: Non-Restricted Firearms. Manual included. Please pick up manual in advance of the course for pre-reading.

Castlegar campus Ron Ready 2 classes: Nov 19 & 20, Sat 1-5 pm, Sun 9 am-1 pm	\$70
Grand Forks campus Ron Ready 2 classes: Oct 15 & 16, Sat 1-5 pm, Sun 9 am- 1pm	\$70
Nakusp centre Dorian Boswell Please call if interested, minimum 6 participants required.	\$70
Trail campus Colin Kenning & Bruce Donaldson 1 class: Oct 29, Sat 9 am-5 pm 1 class: Nov 26, Sat 9 am-5 pm 1 class: Dec 17, Sat 9 am-5 pm	\$70

CONFINED SPACE L1-PRE-ENTRY

Learn the numerous types of Confined Spaces and the regulations. Hazard recognition and safety protocols are also covered. Required for people working in the Oil and Gas Industry, Municipal workers, Equipment Operators, those involved in excavations and trenching as well as specific areas of Agriculture. Course material reflects legislation and common industrial-regulated practices within Western Canada. Valid for three years.

Castlegar campus Ron Tomlinson, C.S.O. 1 class: Nov 4, Fri, 8:30 am-4:30 pm	\$205
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EMERGENCY SCENE TRAFFIC CONTROL

Emergency services' workers are often called upon to control traffic around the site of an emergency or accident. This is an ideal course for any company or employee seeking information and training in the basic use of equipment, PPE and safe work procedures of traffic control. It also teaches the zones of an incident/accident scene and emphasizes safety.

Nakusp centre \$55
 Val Downing
 1 class: Sep 24, Sat 10:30 am-3 pm

**GROUND DISTURBANCE:
 LEVEL I & II**

Supervising a ground disturbance, performing a ground disturbance or issuing/receiving ground disturbance permits? Understand regulations and variances involved. Learn to clarify sources when searching for underground facilities, provide notification to the facility owner and receive owner notification. Emergency response plans discussed. 3-year certificate issued upon completion of written exam.

Castlegar campus \$205
 Ron Tomlinson, C.S.O.
 1 class: Nov 22, Tue 8:30 am-4:30 pm

H2S ALIVE

Planning to work in the petroleum industry? Learn the physical properties and health hazards of H2S, how to protect yourself and basic rescue techniques. 3-year certificate.

Castlegar campus \$235
 Ron Tomlinson, C.S.O.
 1 class: Oct 7, Fri 8:30 am-4:30 pm

Grand Forks campus \$235
 Ron Tomlinson, C.S.O.
 1 class: Nov 7, Mon 8:30 am-4:30 pm

Nakusp centre \$235
 Ron Tomlinson, C.S.O.
 1 class: Nov 24, Thu 8:30 am-4:30 pm

Nelson: Silver King campus \$235
 Ron Tomlinson, C.S.O.
 1 class: Nov 23, Wed 8:30 am-4:30 pm

HUNTER TRAINING

The CORE certificate is mandatory if you want to apply for your first hunting license and are at least 12 years of age. Manuals must be picked up and reviewed in advance of the course. Manual included. Additional \$30 exam fee.

Castlegar campus \$125
 Ron Ready
 2 classes: Nov 26 & 27, Sat & Sun 9 am-5 pm

Grand Forks campus \$125
 Ron Ready
 2 classes: Oct 22 & 23, Sat & Sun, 9 am-5 pm

Kaso centre \$125
 Dennis Millan
 2 classes: Dec 10 & 11, Sat & Sun 9 am-5 pm

Nakusp centre \$125
 Dorian Boswell
 2 classes: Sep 24 & 25, Sat & Sun 9 am-5 pm

Nelson: Silver King campus \$125
 Dennis Millan
 2 classes: Sep 24 & 25, Sat & Sun, 9 am-5 pm

Trail campus \$125
 Jim Smee
 2 classes: Sep 17 & 18, Sat & Sun 9 am-5 pm
 2 classes: Oct 1 & 2, Sat & Sun 9 am-5 pm

INFECTION CONTROL

This online program teaches the basic elements of how public care workers can protect themselves, their coworkers and clients from infectious disease. Program allows trainee to take notes, provides full audio and available progress report. Call your local campus/centres to register. continuous intake





INDUSTRY RIGGING

This course includes power rigging, hand rigging, crane rigging, knot tying, fleet angles and calculation of breaking strength of chokers, as well as how to identify equipment hazards and use hand signals.

Trail campus

Rob Schwarzer

Schedule based on demand.

TRAFFIC CONTROL/FLAGGING

For construction and road maintenance workers or those who deal with traffic as part of their work. Learn Ministry of Transportation standards and Worksafe BC regulations, protective equipment, safe traffic control procedures, set-ups, communication and control zones. NOTE: Students must bring 2 legal passport photos, stamped and signed & wear steel-toed boots with ankle support. Dress for the weather and bring a lunch. Registration needs to be completed two weeks prior to course. Manual included.

Castlegar campus \$200

Lynn Bublitz

2 classes: Oct 22 & 23, Sat & Sun, 8 am-5 pm

Grand Forks campus \$200

Lynn Bublitz

2 classes: Sep 17 & 18, Sat & Sun, 8 am-5 pm

Nakusp centre

Lynn Bublitz

2 classes: Sep 24 & 25, Sat & Sun 8 am-5 pm

Nelson: Silver King campus \$200

Lynn Bublitz

2 classes: Oct 1 & 2, Sat & Sun, 8 am-5 pm

Trail campus \$200

Lynn Bublitz

2 classes: Oct 15 & 16, Sat & Sun 8 am-5 pm

TRANSPORTATION OF DANGEROUS GOODS

For drivers, shippers, receivers and workers with shipping. Relevant to the Oil and Gas Industry. Open book quiz follows video, overhead presentation/discussion. Three-year certificate. Booklet and handouts included.

Grand Forks campus \$65

Neil Krog

1 class: Nov 6, Sun 12:30-4:30 pm

1 class: Nov 17, Thu 6-10 pm

Nelson: Silver King campus \$65

Ron Tomlinson, C.S.O.

1 class: Oct 27, Thu 1-5 pm

Trail campus \$65

Ron Tomlinson, C.S.O.

1 class: Nov 24, Thu 9 am-1 pm

ORIENTATION TO WORKPLACE HAZARDOUS MATERIAL INFORMATION SYSTEM

Learn about the hazardous products, how to read and make labels and where to find treatment. Take this online course at your convenience! Note: not Mac compatible.

Call your local campus/centre \$45 to register.

WORKPLACE HAZARDOUS MATERIAL INFORMATION SYSTEM (WHMIS)

Learn about the hazardous products, how to read and make labels and where to find treatment. Manual included.

Grand Forks campus Neil Krog 1 class: Nov 6, Sun 8 am-noon 1 class: Nov 16, Wed 6-10 pm	\$45
Nakusp centre Marilyn Rivers 1 class: Nov 4, Fri 1-5 pm	\$45
Nelson: Silver King campus Tom Van Alstine 1 class: Nov 16, Wed 6:30-9:30 pm	\$45
Trail campus Larry Ceconni 1 class: Oct 7, Fri 9am-1 pm 1 class: Nov 4, Fri 9am-1 pm	\$45

WORKSAFE

HAZARD RECOGNITION & CONTROL

For workers, supervisors, joint health and safety committee members and business owners and operators. Identify workplace hazards, locate pertinent regulatory requirements, and apply the process of identification, control and evaluation to eliminate hazards.

Trail campus Neil Krog 1 class: Oct 20, Thu 8 am-5 pm	\$95
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RESPONSIBILITY OF JOINT HEALTH & SAFETY COMMITTEES

Foundation for effective Occupational Health and Safety in the Workplace. Identify and interpret committee members' functions and duties, develop skills in the use of OH&S regulations, safety inspections, accident investigations, reports, OH&S programs and refusal of unsafe work.

Castlegar campus Neil Krog 1 class: Nov 4, Fri 8 am-5 pm	\$95
Grand Forks campus Neil Krog 1 class: Oct 26, Wed 8 am-5 pm	\$95
Trail campus Neil Krog 1 class: Nov 3, Thu 8 am-5 pm	\$95

SUPERVISOR SAFETY MANAGEMENT

Due diligence, potential legal consequences, required risk assessments, plan risk control objectives and measures. Meet responsibilities for creating and maintaining a safe and healthy work environment. Includes Worksafe BC officer functions and effective crew talks.

Castlegar campus Neil Krog 1 class: Oct 27, Thu 8 am-5 pm	\$95
Grand Forks campus Neil Krog 1 class: Nov 29, Tue 8 am-5 pm	\$95
Trail campus Neil Krog 1 class: Nov 2, Wed 8 am-5 pm	\$95

WANT TO INSTRUCT A COURSE?

Dedicated to life-long learning, Selkirk College is accepting course proposals and applications from instructors for all program categories.

For details on submitting a course proposal or application to teach a course, call your local campus. See page 70.



YOUR

FIRST AID & SAFETY TRAINING CENTRE

TRAINING COURSES

- Avalanche Awareness
- Avalanche Rescue
- Avalanche Skills: Level 1 & 2
- Boat Safety
- Childcare Emergency First Aid and Recertification
- Confined Spaces
- CPR - All Levels
- H2S Alive (3-Year Certificate)
- Motorcycle Safety
- Occupational First Aid: Level I, II, III
- Paramedic in Industry (PII)
- Red Cross Wilderness and Remote First Aid (WRFA)
- Traffic Control: Flagging
- Transportation Endorsement
- Transportation of Dangerous Goods
- WHMIS: Workplace Hazardous Materials Information Systems
- Wilderness First Aid
- Worksafe Education Courses



CONTRACT TRAINING

- Selkirk College offers quality instruction and facilities, on-site training, flexible scheduling, refresher courses and customized First Aid & Safety training for business, industry and community groups.

See page 22 for a preview of upcoming courses in First Aid & Safety or contact your local campus to customize your own first aid training package.

health & wellness

ABORIGINAL HEALTH & HEALING

How do aboriginal cultures view health & healing? Marilyn will explore the health practices that are common to the interior Salish peoples and other aboriginal groups. A discussion of this holistic view, which incorporates physical, emotional, spiritual and mental aspects, will include the use local plants and herbs as food and medicine, smudging to cleanse and balance oneself, and the medicine wheel approach in health and healing.

Nakusp centre \$16 +HST
Marilyn James, Sinixt Spokesperson
1 class: Nov 9, Wed 3-5 pm

DANCING WITH THE WHITE MOON

Learn how to support yourself in making a smooth and positive transition into perimenopause and menopause. Physical, dietary and emotional needs will be addressed, giving you an opportunity to make informed choices during this powerful time of life. Classes contain meditation/visualization, Qi Gong, journal writing and discussion.

new Nelson: Silver King campus \$136 +HST
Marisa Machon
8 classes: Oct 18-Dec 6, Tue 6:30-8:30 pm

DEMENTIA/ALZHEIMER CAREGIVERS

Providing care for someone with Alzheimer's or a related dementia? Learn about these diseases and the issues surrounding them including communication, behavior, responsibilities, grief, stress and how to take care of yourself. Bursaries available. Targeted to family caregivers; health care providers welcome.

Castlegar campus \$40 +HST
Linda Hoskin
5 classes: Oct 13-Nov 17, Thu 7-9 pm
No class Nov 3

Grand Forks campus \$40 +HST
Linda Hoskin
2 classes: Sep 23 & 30, Fri 9:30 am-3:30 pm

EASY MOVEMENT FOR ELDER

Decrease aches, pains and stiffness. Improve your posture, maintain flexibility and strength.

Be able to keep doing the things you love, from picking up your grandchildren to getting up off the floor.

new Nelson: Feldenkrais Centre,
206 Victoria St. \$50 +HST
Susan Grimble, Guild Certified Feldenkrais
Practitioner
5 classes: Oct 6-Nov 3, Thu 2-3 pm

HEALTHY BRAIN

Be proactive—keep your brain cells in shape. Research is showing ways that people of all ages and abilities, including people with dementia and caregivers, can work on brain health emphasizing mind, body and spirit. Learn about Alzheimer's Disease and research-based advice on how to reduce your risk.

Grand Forks campus \$15 +HST
Linda Hoskin
1 class: Sep 29, Thu 7-9 pm

Trail campus \$15 +HST
Linda Hoskin
1 class: Oct 24, Mon 7-9 pm

HELP! SUPPORTING CHILDREN'S NEEDS

Learn step-by-step practical approaches to recognizing and addressing the needs children express through their behaviours. Meet the needs behind the challenging behaviours and see the positive shift. Bring a bag lunch.

new Kaslo centre \$32 +HST
River Elmare
1 class: Oct 29, Sat 10 am-2 pm



HERBS FOR WOMEN

Explore women's reproductive health from puberty to menopause. Course addresses illness and symptoms that may occur and natural methods to improve them using herbs, diet and lifestyle.

new Nelson: Silver King campus \$59 +HST
 Sarah Orłowski
 1 class: Oct 15, Sat 9 am-4 pm

HOLISTIC TECHNIQUES & TOOLS FOR WELL-BEING

Discover well-being and empowerment techniques from present and ancient teachings: conscious breathing with movement, Sedona method, guided visualizations and yoga. Learn techniques to manage stress and difficult emotions, solve problems and to trust your inner truth. Learn simple practices that harmonize the mind, body, senses and spirit connection.

Nakusp centre \$25 +HST
 Brenda Wiseman
 1 class: Nov 5, Sat 9:30 am-12 pm

Trail campus \$25 +HST
 Brenda Wiseman
 1 class: Oct 1, Sat 9:30 am-12 pm



HOSPICE VOLUNTEER TRAINING

Become a Hospice bedside volunteer supporting palliative patients at the end of their life or work as a volunteer on Hospice projects. The training weekend will give you information about the Hospice philosophy, what to expect in the last days and hours, how to be present with someone who is dying and how to understand their unique communication needs.

new Trail: Kiro Wellness Centre,
 1500 Columbia Ave.
 free of charge, registration required
 Contact Trail Hospice Centre 250.364.6204
 3 classes: Sep 30-Oct 2, Fri 6-9 pm,
 Sat 9 am-4 pm & Sun 9 am-1 pm

IMPROVE YOUR EYE FITNESS

Like body fitness, eye fitness can be improved. Eye muscles can be exercised, nerve connection to the brain stimulated and blood flow to eyes increased. Take charge of the well being of your eyes and vision.

new Nelson: Feldenkrais Centre,
 206 Victoria St. \$50 +HST
 Susan Grimble, Guild Certified Feldenkrais
 Practitioner
 5 classes: Oct 6-Nov 3, Thu 5-6 pm

LAUGHING YOGA

Fun and freeing! Opens breathing capacity, tones the abdominals, increases blood flow and oxygen and lots more.

Nakusp centre \$7 +HST
 Brenda Wiseman
 1 class: Nov 5, Sat 5-5:45 pm

Trail campus \$7 +HST
 Brenda Wiseman
 1 class: Oct 1, Sat 5-5:45 pm

MANAGING STRESS

Would you like to feel more at ease, rested, energized? Explore various physical, mental and emotional ways to improve our relationships with life's demands. High performance comes not by eliminating stress but by enhancing our ability to cope with it and with healthy adrenal function!

Nelson: Silver King campus \$59 +HST
 Marisa Vachon
 2 classes: Nov 16 & 23, Wed 6-9 pm

QI GONG FOR REJUVENATION

Engage in this simple yet powerful practice which encourages your natural abilities to harmonize and balance body, mind and spirit.

Qi workout is done in a relaxed manner and suitable for all ages, body types and abilities.

new Nelson: Silver King campus \$144 +HST
Marisa Vachon
8 classes: Oct 1-Nov 19, Sat 10-11:30 am

SACRED HEALING SERIES

Module 1: Healing vs. Curing

Carl Jung stated that all healing requires an encounter with the Sacred. Explore how an awareness of Sacred can enhance the current health care definition of healing. Prerequisite to Module 2: Introduction to Chakras, Grace and Healing.

new Grand Forks campus \$29 +HST
Jackie Relkoff
1 class: Nov 25, Fri 6:30-9:30 pm

Module 2: Introduction to Chakras, Grace & Healing

Learn about the multidimensional aspects of the chakra system and how it can augment the present health care model. The books "Anatomy of the Spirit" and "Defy Gravity" by Carolyn Myss will be the foundation of this course. Prerequisite: Module 1: Healing vs. Curing

new Grand Forks campus \$99 +HST
Jackie Relkoff
1 class: Nov 26, Sat 9:30 am-6 pm

TIBETAN ACUPRESSURE SYSTEM: LEVEL 1

Learn a practical application of compassionate touch therapy from the founder of the system. In a few hours you will be able to apply a simple but profound system of energy, pressure points and presence for hands-on sessions whether with yourself or others. Particularly effective for chronic pain. Excellent introduction to the system for massage therapists, Traditional Chinese Medicine (TCM) practitioners, caregivers and the public. No previous experience required. CD and manual included.

new Nakusp centre \$60 +HST
Rae Hatherton
1 class: Nov 8, Tue 6:30-9:30 pm

new Nelson: Silver King campus \$60 +HST
Rae Hatherton
1 class: Oct 27, Thu 6:30-9:30 pm

TRADITIONAL CHINESE MEDICINE: AN INTRODUCTION

Learn about Traditional Chinese Medicine (TCM) and how it can benefit us with the health issues

associated with modern life. Course will cover: concept of Yin/Yang, the 5 Element Theory of Wood, Fire, Earth, Metal and Water, how to treat the person rather than the illness, and an introduction to the Meridian system.

new Grand Forks campus \$79 +HST
Sarah Orlowski, Advanced Qi Gong Practitioner
1 class: Nov 5, Sat 9:30 am-4:30 pm



PRENATAL

PRENATAL BREASTFEEDING

Come join our prenatal breastfeeding class. Learn about the benefits of breastfeeding, ways to promote the best possible start and how to support a breastfeeding mom. Cost includes support person. Bursaries available for those requiring assistance.

Castlegar: Kootenay Family Place,
767 11th Ave. \$15 +HST
Marty Sutmoller
1 class: Oct 5, Wed 6:30-9 pm
1 class: Nov 23, Wed 6:30-9 pm

Nelson: Health Unit, 333 Victoria St.,
2nd Floor \$15 +HST
Mary Ann Morris
1 class: Oct 13, Thu 6:30-9 pm
1 class: Dec 1, Thu 6:30-9 pm

PRENATAL BREASTFEEDING SUPPORT GROUP

Come join our FREE drop-in breastfeeding support group. Get your breastfeeding questions answered, and receive support from other moms who have similar concerns. This group is facilitated by breastfeeding counsellors. Childminding for older siblings is available on site. Contact Maart@shaw.ca for inquiries.

Castlegar: Kootenay Family Place,
767 11th Ave. Free
Katina D'Onofrio, Marty Suttmoller
Ongoing, drop-in sessions: Tue 1:30-3:00 pm

PRENATAL CLASSES

Learn what to expect in your pregnancy through the processes of labour and delivery, postpartum care and breastfeeding. Costs include support person. Bursaries available for those requiring assistance.

Castlegar: Kootenay Family Place,
767 11th Ave. \$105 +HST
Marty Suttmoller
6 classes: Sep 14-Oct 12, Wed 6:30-9 pm
6 classes: Nov 2-Nov 30, Wed 6:30-9 pm

Grand Forks: Glanville centre,
1200 Central \$84 +HST
Angela Burch
3 classes: Sep 18, 25 & Oct 2, Sun 9 am-1 pm

Grand Forks: Glanville centre,
1200 Central \$105 +HST
Kristy Kuromi
6 classes: Nov 9-Dec 14, Wed 6-8:30 pm

Kaslo centre \$105 +HST
Sherry Wagner
Please call if interested.

Nakusp centre \$50 +HST
Linda Nero
2 classes: Oct 14 & 16, Fri 6:30-8 pm,
Sun 10 am-4 pm

Nelson: Health Unit,
333 Victoria St., 2nd Floor \$105 +HST
Mary Ann Morris, Marty Suttmoller
6 classes: Sep 15-Oct 20, Thu 6:30-9 pm
6 classes: Nov 3-Dec 8, Thu 6:30-9 pm
6 classes: Jan 19-Feb 23, Thu 6:30-9 pm

Trail campus \$105 +HST
Hanne Smith,
Julia Stockhausen
6 classes: Sep 20-Oct 25, Tue 6:30-9 pm
6 classes: Nov 1-Dec 6, Tue 6:30 pm-9 pm

PRENATAL: EARLY PREGNANCY CLASS

Designed for pregnant women before their sixth month of pregnancy (the earlier, the better). This class will cover a variety of topics including: nutrition, fetal development, maternal health, prenatal bonding, pre-term labour and planning ahead. Cost includes support person. Bursaries available for those requiring assistance.

Castlegar: Kootenay Family Place,
767 11th Ave. \$15 +HST
Marty Suttmoller, Sally Whitman
1 class: Oct 26, Wed 6:30-9 pm
1 class: Dec 14, Wed 6:30-9 pm

Trail campus
included in prenatal registration
Hanne Smith
1 class: Oct 27, Thur 6:30-9 pm

Nelson: Health Unit, 333 Victoria St.,
2nd Floor \$15 +HST
Marty Suttmoller, Sally Whitman
1 class: Oct 27, Thu, 6:30-9 pm
1 class: Dec 15, Thu 6:30-9 pm



PRENATAL: FEEDING YOUR BABY

Join us for information and support on all aspects of nutrition for your baby.

new Trail campus \$15 +HST
Hanne Smith,
Julia Stockhausen
1 class: Oct 18, Tue 6:30-9 pm
1 class: Nov 29, Tue 6:30-9 pm

PRENATAL IN A WEEKEND

Learn what to expect in your pregnancy through the processes of labour and delivery, postpartum care and breastfeeding. Costs include support person. Bursaries available for those requiring assistance.

Salmo: Salmo Community Centre \$70 +HST
Sally Whitman
2 classes: Sep 17 & 18, 10 am-4 pm
2 classes: Dec 10 & 11, 10 am-4 pm

PRENATAL REFRESHER

For those having another child. Includes support person.

Castlegar: Kootenay Family Place,
767 11th Ave. \$35 +HST
Marty Suttmoller
2 classes: Sep 21 & 28, Wed 6:30-9 pm
2 classes: Nov 9 & 16, Wed 6:30-9 pm



MASSAGE

BASIC FULL BODY MASSAGE

Learn full body massage, plus techniques for the office. Bring a towel, pillow, hot water bottle and oil or lotion.

Nelson: Silver King campus \$27 +HST
Christine Sutherland
1 class: Dec 11, Sun 9 am-12 pm

FOOT MASSAGE & REFLEXOLOGY

Please bring an ice cream pail, two towels, massage oil in a flip-top container, powder, pillow, hot water bottle, face cloth and a partner, if possible.

Nelson: Silver King campus
\$27 +HST/person
\$18 +HST for partner

Christine Sutherland
1 class: Dec 10, Sat 1-4 pm

MASSAGE FOR COUPLES

Renew and recover physically, emotionally, spiritually. Bring towel, pillow, hot water bottle, oil or lotion.

Nelson: Silver King campus
\$27 +HST/person
\$18 +HST for partner

Christine Sutherland
1 class: Dec 10, Sat 9 am-12 pm

NUTRITION

COOKING - NATURALLY

Join this creative and tasty workshop to see what links your child's learning development with the food they eat.

new Kaslo centre \$19 +HST
River Elmare
1 class: Nov 5, Sat 10 am-noon

LOSE WEIGHT AND KEEP IT OFF

Discover how to establish a healthy approach to successful weight loss and weight maintenance for a lifetime.

Online
Ed2Go - to register go to
www.ed2go.com/selkirk \$134 +HST
continuous intake

VEGETARIAN LIVING AND RAW FOODS

Prepare delicious living raw meals and snacks that are affordable and environmentally conscious. Add foods with maximum nutritional value to your diet in easy gourmet and casual recipes. Learn about ancient Egyptian history of living raw foods, healthy vegetarian cooked foods and presentation techniques from a professionally trained chef.

Nakusp centre \$45 +HST
Brenda Wiseman
1 class: Nov 5, Sat 1:30-4 pm

Nelson: Silver King campus \$45 +HST
Brenda Wiseman
1 class: Oct 22, Sat 10 am-12:30 pm

Trail campus \$45 +HST
Brenda Wiseman
1 class: Oct 1, Sat 1:30-4 pm

WHAT'S COOKING WITH DEB!

Learn how to make different ethnic foods, sauces, soups and appetizers.

Nakusp Secondary School
Deb Guest \$125 +HST/series or
\$30 +HST/individual classes
6 classes: Oct 6-Nov 24, 6:30-8:30 pm

Appetizers

Assortment of hot and cold, meat, cheese and vegetarian appetizers—all fit for a party.

1 class: Oct 6, Thu 6:30-8:30 pm

Thai

Rice paper Thai wraps, fresh Thai noodle salad, Thai chili cilantro prawns and of course Pad Thai.

1 class: Oct 13, Thu 6:30-8:30 pm

Sauces

For pasta, meats and eggs: Alfredo, cheese, pesto, bechamel, mushroom bacon, lemon, hollandaise and bearnaise.

1 class: Oct 20, Thu 6:30-8:30 pm

Mexican

Loads of fresh cilantro, limes and fresh veggies. Create a fresh shrimp cerviche, tortilla soup, ensalada, blackbean and corn salad, frijoles, guacamole and salsa. Chicken enchilada and quesadillas.

1 class: Nov 10, Thu 6:30-8:30 pm

Soups Hot and Cold

Lets talk about stocks and how to make them to create borscht, potato pesto, beef stick noodle, wor won ton and miso soups.

1 class: Nov 17, Thu 6:30-9:30 pm

Japanese

Learn to make California rolls, chicken karaage, sunomono salad, don buri and katsu.

1 class: Nov 24, Thu 6:30-9:30 pm



SCHOOL OF HEALTH AND HUMAN SERVICES OUTREACH

GERONTOLOGY CERTIFICATE: ONLINE

This certificate program for RN's and LPN's provides specialized knowledge to help meet the needs and challenges of our aging population.

Learning focuses on developing stronger geriatric assessment skills and gerontological leadership in community, acute and residential settings. The introductory course and some electives may be of interest to other health or social sciences students and professionals seeking geriatric education. For more info. call 250.365.1425.

Online
Intake Sep

MENTAL HEALTH & ADDICTIONS ASSOCIATE CITATION

This Associate Citation is for Health and Human Service Practitioners who would like to focus their practice in the area of Mental Health and Addictions and upgrade their skills in working with people. The next intake for this Citation will be fall 2012. For more information, contact Kay Armstrong at 250-365-7292.

OBJECTIVE DOCUMENTATION WORKSHOP

Take the mystery out of Objective Documentation in Service Settings for individuals with disabilities. Learn practical skills for respectful documentation and the ability to design and implement objective person-centred practice in your work setting.

Castlegar campus \$25
Jane Green
1 class: Nov 17, Thu 8-11 am

ETHICS OF TOUCH

Explore healthy and helpful boundaries in service to individuals with disabilities. Watch an excellent video, featuring David Hingsburger, and participate in exercises designed to develop practical skills to apply on the job.

Castlegar campus \$25
Jane Green
1 class: Nov 10, Thu 8-11 am

SEXUALITY AND SOCIAL SKILLFULNESS

Explore the facts, issues and approaches helpful in supporting individuals with disabilities in the sensitive area of social skillfulness and healthy sexuality.

Castlegar campus \$25
Jane Green
1 class: Nov 3, Thu 8-11 am



SHELTERGUIDES HOMESHARE AND RESPITE CARE TRAINING

This exciting 14-week pilot program is designed to equip you with a solid foundation that will prepare you for employment as a homeshare or respite care provider. ShelterGuides' innovative training approach provides learning through storytelling about real life scenarios. This training stems from years of experience in the field and includes current information on respectful, person-centered support for individuals with disabilities (and others with special care needs) in home and community settings. Funding may be available to assist students with costs. Phone 250-365-1208 to register.

new Genelle Community Hall

1205 2nd St

Jane Green

\$550 +HST

plus \$75 +HST for text

14 weeks total: 11 weeks online instruction, including 3 face-to-face days

Face-to-face days: Mon, Sep 12, Oct 14,

Dec 12, 9 am-4 pm. Genelle Community Hall

To ensure the course you want
doesn't get cancelled...

**DON'T WAIT!
REGISTER EARLY!**

WANT TO INSTRUCT A COURSE?

Dedicated to life-long learning, Selkirk College is accepting course proposals and applications from instructors for all program categories.

For details on submitting a course proposal or application to teach a course, call your local campus. See page 70.

mental health & addictions

- Associate Certificate

10 months online (2 courses plus a 2-day in-class workshop)

If you are already working in the human services or health care field and want to continue learning or advance in the industry, the Mental Health and Addictions certificate will help you to succeed. This program is for:

- Human Services students and/or workers
- Degree holders looking for work-related personal development and/or credentials
- Nurses wishing to practice in the area of Mental Health and Addictions

ADD 184: INTRODUCTION TO ADDICTION (3 CREDITS)

Fall: online Winter: in-class

Transfer credit to Thompson Rivers University and University of Victoria

This introductory course studies substance and behavioural addictions, current research in the physiological, social and spiritual causes of addiction, and models for understanding dependence, recovery and relapse.

HSER 257: MENTAL HEALTH ISSUES: PRACTICAL RESPONSES (3 CREDITS)

Winter: online

Transfer credit to Thompson Rivers University, University of the Fraser Valley, Vancouver Island University and University of Victoria

This course provides instruction in a variety of rehabilitative and treatment modalities used in work with marginalized populations. Attitudes toward mental health and substance use problems and how they impact helper effectiveness are explored in a supportive milieu.

MOTIVATIONAL INTERVIEWING WORKSHOP: BRIEF INTERVENTIONS AND SUPPORT STRATEGIES

Spring TBA: lecture and practice format in two 6-hour modules over 2 days.

This lecture and experiential workshop is designed to provide practitioners and students with basic Motivational Interviewing (MI) skills in order to enhance the effectiveness of their work with mental health, addiction and concurrent populations in a variety of settings.

1.888.953.1133, ext 233 | Selkirk College | selkirk.ca/hhs

hospitality & tourism



BARTENDING

Learn frontline bartending—theory and practical. Please purchase "Guide to Bartending and Recipe Book" from the Selkirk College Bookstore. Note: Includes Serving It Right Certificate.

Nelson: Tenth Street campus \$275
 Carol Erickson
 Sep 6-Oct 13, Tue & Thu, 6-9 pm, & 2 Sat TBA,
 9 am-2 pm

FOOD & BEVERAGE MANAGEMENT ONLINE

Enter the world of hospitality and open yourself up to exciting opportunities around the world! Develop the skills, knowledge, and confidence needed to supervise and manage food and beverage operations in restaurants, hotels, resorts and more. The Canadian Tourism Human Resource Council has identified a country-wide shortage of food and beverage workers. Help fill this shortage by earning a Food and Beverage Management Continuing Education Certificate. Each module is delivered online for 5 weeks with a minimum of 5 hours of coursework completed each week. Modules may be taken separately.

new Kaslo centre \$1695 or
 Greg McCallum \$ 449 per module
 Sep and Jan intakes

FOOD SAFETY FOR FOOD HANDLERS

An internet-based course equivalent to FoodSafe Level 1. On successful completion, you will be issued an officially recognized certificate and will have an understanding of basic food safety principles and how to protect yourself and others from foodborne illness. To register, phone your local Selkirk College campus. Note: not Mac compatible.

All locations \$85
 Sep 1-Dec 31

FOODSAFE - LEVEL I

Learn the prevention of foodborne illness, including food protection, preparation, receiving, safe storage, germs and types of foodborne illnesses. Required for all food handlers. Bring your health card to registration.

Castlegar campus \$85
 Carol Erickson
 1 class: Oct 15, Sat 9 am-5 pm

Grand Forks campus \$85
 Andrea Krog
 1 class: Sep 25, Sun 8 am-5 pm
 1 class: Nov 13, Sun 8 am-5 pm

Midway: BCSS \$85
 Andrea Krog
 1 class: Oct 16, Sun 8 am-5 pm

Nakusp centre \$85
 Carol Erickson
 1 class: Oct 17, Mon 9 am-5 pm

Nelson: Silver King campus
 1 class: Sep 26, Mon, 9 am-5 pm
 1 class: Nov 1, Tue, 9 am-5 pm
 1 class: Dec 6, Tue, 9 am-5 pm

Trail campus \$85
 Carol Erickson
 1 class: Oct 1, Sat 9 am-5 pm
 1 class: Nov 8, Tue 9 am-5 pm

To ensure the course you want
 doesn't get cancelled...

**DON'T WAIT!
 REGISTER EARLY!**

SECRETS OF THE CATERER

Learn the fundamentals of the catering business, how to cook for large crowds, organize your kitchen, manage your time and work with clients. The course focuses on cooking skills every caterer needs, with an introduction to the business side of catering.

Online
 Ed2Go - to register go to
www.ed2go.com/selkirk \$134
 continuous intake

SERVING IT RIGHT

Required to serve alcohol to the public.

Nelson: Tenth Street campus \$45
 Carol Erickson
 1 class: Sep 8, Thu 6-9 pm

WORLD HOST

Formally Super Host; learn skills and techniques for excellent customer service. Discover how to communicate with customers more effectively and efficiently. This workshop is interactive, informative and offers valuable service skills that can be applied to any work environment.

Grand Forks campus \$95
 Marg Craig
 1 class: Oct 4, Tue 10 am-5 pm



SCHOOL OF HEALTH & HUMAN SERVICES at Selkirk College

Community Support Worker Citation

An exciting professional development opportunity for experienced support workers!

The Community Support Worker (CSW) Citation is an option available only to experienced, employed learners. Eligible students take 6 Classroom and Community Support Worker (CCSW) courses to receive their CSW Citation and they then have the opportunity to ladder into the regular certificate program if they choose to continue their education.

ENTRANCE REQUIREMENTS

Potential candidates must be currently employed with a local community living organization and have a minimum of three years of full-time equivalent employment in the field.

PROGRAM DESCRIPTION

Choose 6 of the 7 courses listed here:

- CCSW 156 Support Strategies for Adults
- CCSW 155 Inclusion
- CCSW 161 Planning
- FAM 180 Family Dynamics
- CCSW 170 Augmentative Communication
- CCSW 165 Health and Wellness
- HSER 174 Interpersonal Communication

1.888.953.1133, ext 233 | Selkirk College | selkirk.ca/hhs

Selkirk College Student Awards

CREATING AN ENDOWMENT

Endowments are sources of student support that keep giving for a lifetime. The interest earned on your gifts is made available to students, through scholarships and bursaries, who are carefully selected to receive these awards.

SCHOLARSHIPS: AWARDING ACADEMIC EXCELLENCE

Scholarships are available to students entering Selkirk College from high school. Additionally, students may become eligible for scholarships based on their academic achievements while completing their program.

BURSARIES: MEETING THE GREATEST NEEDS

Bursaries provide support to students who demonstrate a need for financial assistance while taking their program.

WAYS TO GIVE

- An annual gift of cash
- A monthly gift of cash
- A gift of property
- Securities
- **Planned Giving** – wills and bequests, life insurance policies, annuities and trusts

Visit selkirk.ca/about/ways-to-give for a list of existing awards and ways to give.

Contact Selkirk College Development at campaigns@selkirk.ca or call **1.866.301.6601, ext. 324** for more information.

Your gift is tax deductible.

“THIS FINANCIAL GIFT IS COMING TO ME AT A TIME OF CRITICAL NEED AND I AM FOREVER GRATEFUL. IT IS GIFTS LIKE THESE THAT HAVE ENABLED ME TO FOCUS ON SCHOOL. THANK YOU AGAIN FOR YOUR HELP.”

JESSICA VANDECAR,
SECOND YEAR NURSING STUDENT

Selkirk  College

Learn locally at Selkirk

As residents of the West Kootenay and Boundary Regions, you have the opportunity to attain quality post-secondary education without leaving the area!

Selkirk College provides easy access to post-secondary education through its eight campuses and learning centres located in Castlegar, Nelson, Trail, Nakusp, Grand Forks and Kaslo. More than 70 part-time, full-time and online programs are taught by exceptional instructors who are passionate about providing exemplary teaching and learning experiences to local learners.

With a wide array of academic, career, vocational and technical programs to choose from, you can start your educational path with programs available through Selkirk's Schools of Business & Aviation, Digital Media & Music, Health & Human Services, Hospitality & Tourism, Industry & Trades Training, Environment & Geomatics, University Arts & Sciences, Academic Upgrading & Development and Kootenay School of the Arts. Or, consider an exchange or study abroad program offered through Selkirk International.

Enjoy the benefits of your regional community college. Take advantage of a learning environment with small class sizes, high quality education, easy access to equipment and labs, reasonable tuition fees (half the cost of most universities) and one-on-one support.

Whether your aim is to improve your transcript, skill-set, personal well-being, or to start on the road to a degree, we are here to support your endeavors and are dedicated to your success! Begin your post-secondary education at Selkirk College. Apply today for the next program intake!

For more information call 1.888.953.1133 (Castlegar), 1.866.301.6601 (Nelson) or visit selkirk.ca/programs.

Programs at a glance

CERTIFICATES/ADVANCED/ASSOCIATE CERTIFICATES

BC Electrical Code	sp
Carpentry Apprenticeship (Levels 1-4)	6 wk
Carpentry Foundation	24 wk
Classroom & Community Support Worker	9 mo
Cook Training - Professional (Level 1/Level 2)	28/14 wk
Early Childhood Care & Education	9 mo
Electrical Apprenticeship (Levels 1-4)	10 wk
Electrical Foundation	24 wk
English Language Program (ESL)	24 wk
Esthetics	31 wk
Fine Woodworking Foundation	36 wk
General Mechanics Foundation	36 wk
Gerontology	1 yr
Golf Club Operations Online (GC00L)	10 mo
Hairdressing (Cosmetology)	36 wk
Health Care Assistant	6 mo
Medical Transcription Advanced	10 mo
Mental Health & Addictions	10 mo
Metal	1 yr
Metal Fabrication	23 wk
Millwright Apprenticeship (Levels 2-4)	7 wk
Millwright/Machinist Foundation	36 wk
Nursing Unit Clerk	6 mo
Plant Operator	24 wk
Pharmacy Technician	11 mo
Refrigeration Plant Operator	sp
Social Service Worker	9 mo
Welding/Intro. to Steel Fabrication (C Level/B Level/A Level)	36/16/8 wk

DIPLOMAS/ADVANCED DIPLOMAS

Aviation - Professional Pilot	2 yr
Business Administration	2 yr
- Finance	
- Management	
Clay	2 yr
Digital Arts & New Media	2 yr
Early Childhood Care & Education	2 yr
Fibre	2 yr
Forest Technology	2 yr

Geographic Information Systems	1 yr
Human Services Diploma	2 yr
- Child & Youth Care Specialty	2 yr
- Social Service Worker Specialty	2 yr
Integrated Environmental Planning Technology	2 yr
Jewellery & Small Object Design	2 yr
Liberal Arts	2 yr
Music & Technology	2 yr
- General - Composition	
- Directed Studies - Engineering	
- Performance - Songwriting	
Office Management	2 yr
Peace Studies	2 yr
Recreation, Fish & Wildlife	2 yr
Resort & Hotel Management	2 yr
Ski Resort Operations & Management	2 yr
Teaching English to Speakers of Other Languages (TESOL)	4 mo
Writing Studies	2 yr

DEGREES/ASSOCIATE DEGREES/UNIVERSITY TRANSFER

Biochemistry	2 yr
Biology	2 yr
Chemistry	2 yr
Elementary Education	2 yr
Engineering	2 yr
English	2 yr
Entry to Pharmacy	2 yr
Entry to Traditional Chinese Medicine	2 yr
General Arts	2 yr
General Sciences	2 yr
Geographic Information Systems (GIS)	4 yr
History	2 yr
Nursing	4 yr
Peace Studies	2 yr
Psychology	2 yr
Teacher Education (UBC)	1 yr
Writing Studies	2 yr

yr = year mo = month wk = week
sp = self paced

industry & trades

BC ELECTRICAL CODE: HOME STUDY

An approved BC Safety Authority course, enabling you to write the Field Safety Representative exam. Learn the proper use of the BC Code book and the correct interpretations of code rules, a working knowledge of the BC Safety Standards Act, the BC General Regulation and the Electrical Safety Regulation (new in 2004), and the BC Authorization Procedures for electrical contractors.

online continuous intake -
call Silver King campus

\$575



BC LOW ENERGY CODE, CLASS LO: HOME STUDY

This certificate enables you to act as a Field Safety Representative and install circuits that have a power supply limited in accordance with requirements to Class 2 circuits, maximum 100 volt amperes; with exception of a dedicated branch circuit from an existing panel board or extension of an existing branch circuit wiring, rated a t15 ampere, 120 volt, to an outlet installed specifically for a Class 2 power supply perform regulated electrical work on electrical equipment.

online continuous intake
Silver King campus

\$349

BUILDING SERVICE WORKER CERTIFICATION

Learn to apply current methods and procedures for the economical use of time, the elimination of waste and the conservation of energy. Classroom theory on each subject is followed by a hands-on training, practical components, written exam on theory as well as an instructor's evaluation on practices and procedures. Includes OFA1 and WHMIS.

Call Silver King campus to register.

8 weeks: Oct 17-Dec 9, Mon-Fri, 3-9 pm

\$1449

CARPENTRY FOUNDATION IN NAKUP

This program consists of a classroom-based technical component and a shop-based practical component. Graduates of the 24-week program earn up to 500 hours of practical workplace credit and the Level One technical training component of the Carpentry apprenticeship. Applicants may qualify for SIDIF or LMA Funding. For details call 250.265.4077 Selkirk College in Nakup or Outreach Employment, 250.265.3318.

Nakup centre

24 weeks: winter semester 2012 - register today!

COMMERCIAL VEHICLE INSPECTION

For journeymen automotive, commercial transport and heavy duty mechanics who are working, or wish to work, for a designated inspection facility. Employers, please sign up for Vehicle Inspection Standards Online at vsi.qp.gov.bc.ca prior to the course.

Nelson: Silver King campus \$220 plus
\$ 60 manual +HST

Dave Griffin

3 classes: Oct 14-16, Fri 6-10 pm, Sat & Sun
8:30 am-4:30 pm

FALL PROTECTION

Examine the components of fall protection systems, review the governing bodies, regulations and standards. A hands-on component provides a working familiarity with some of the systems and enables problem solving in the workplace.

Nelson: Silver King campus \$180
Rob Schwarzer
1 class: Oct 15, Sat 8:30 am-4:30 pm

Trail campus \$180
Rob Schwarzer
1 class: Nov 5, Sat 8:30 am-4:30 pm

FORKLIFT OPERATOR CERTIFICATION

Learn safe operation techniques for forklift trucks current regulations, instructions on how to safely operate a lift truck, an overview of the most common types of trucks and their features, pre-shift inspection forms and more. Please pick up the manual in advance. On site contract rates available for groups. Manual included.

Nelson: Silver King campus \$220
Dave Griffin
2 classes: Sep 16-17, Fri 5-9 pm, Sat
8 am-4 pm
2 classes: Oct 28-29, Fri 5-9 pm, Sat 8 am-4pm

REFRIGERATION PLANT OPERATOR: HOME STUDY

This nine-unit Refrigeration Plant Operator program is approved by the BC Safety Authority. The course is one of the requirements needed to challenge the Refrigeration Operator's Certificate of Qualification. Phone tutorials for 6 months and all materials included.

\$725

WELDING

Learn basic welding skills for the handyman/hobbyist, or work toward C, B, or A Level Welding certification and upgrade for Provincial testing; Students need steel-toed boots, leather gauntlet gloves, 10" vice grips and hat/hair covering.

Nelson: Silver King campus \$299 +HST
Dick Schultz
12 classes: Oct 4-Nov 10, Tue & Thu, 6:15-9:45 pm

Conference Services

Are you looking to have an event in our region? Enjoy and fully participate in your special day without any concerns!

Your first point of contact at Selkirk College is Conference Services, a division of the Continuing Education Department.

With competitive rates and quality service, we will assist your organization to:

- Create a customized event
- Contract speakers, facilitators or entertainers
- Develop education and training packages
- Register participants and collect fees

Conference Services include:

- Project management
- Marketing assistance
- Pre and onsite registration
- Tech equipment and support
- Quality Instruction

Visit selkirk.ca/services/communityservices or contact Conference Services by phone at 1.877.552.2821 or email conference@selkirk.ca.



languages

FRENCH: LEVEL I

Learn to speak French including alphabet, numbers, greetings, time, days, months, seasons and vocabulary. Handouts extra.

Trail campus \$49 +HST
Jose Padilla
5 classes: Oct 12-26, Mon & Wed, 8-9 pm

FRENCH: LEVEL II

For those with some previous level of French training. We will reinforce Level I learnings and include French sounds, sentences and dialogues. Handouts extra.

Trail campus \$49 +HST
Jose Padilla
5 classes: Nov 14-28, Mon & Wed, 8-9 pm



FRENCH FOR TRAVELLERS

Designed for people with little knowledge of French to introduce fundamental conversation skills and basic grammar. Learn French from Quebec and France through interactive and creative learning including songs and storytelling. Bring a French-English dictionary, paper and pen to class.

Nelson: Silver King campus \$74 +HST
Sarah Simonet
5 classes: Oct 11-Nov 8, Tue 6-7:30 pm

ITALIAN: LEVEL I

A challenging beginner Italian course taught in a fun and relaxed atmosphere. Basic grammar is the focus of this course and much emphasis is focused on building simple key sentences. Verb conjugation, numbers, colours, vocabulary and much more! Materials extra.

Trail campus \$84 +HST
Samantha Notari
6 classes: Sep 22-Oct 25, Tue 6:30-8:30 pm

ITALIAN: LEVEL II

A great continuation to Italian - Level I. Learn more grammar and sentence building, as well as the addition of new vocabulary. A great course if you have completed Italian Level I or if you have a good understanding of basic Italian grammar. Materials extra.

Trail campus \$84 +HST
Samantha Notari
6 classes: Nov 1-Dec 6, Tue 6:30-8:30 pm

JAPANESE: LEVEL I

For those with little or no knowledge of Japanese, with an emphasis on conversation. Materials extra.

Nelson: Silver King campus \$99 +HST
Yukako Krause
5 classes: Oct 13-Nov 10, Mon & Thu,
6:30-8:30 pm

Trail campus \$112 +HST
Shoko Kurizaki
6 classes: Sep 29-Nov 3, Thu, 6:30-8:30 pm

SPANISH FOR TRAVELLERS: LEVEL I

For those with little or no knowledge of Spanish, with an emphasis on conversation. Handouts extra.

Castlegar campus \$49 +HST
Jose Padilla
5 classes: Oct 11-25, Tue & Thu, 7-8 pm

Nakusp centre \$90 +HST
Moraia Grau
8 classes: Sep 20-Oct 13, Tue & Thu, 6-7:30 pm

Nelson: Silver King campus \$74 +HST
Romany Watt-Osaki
5 classes: Oct 3-19, Mon & Wed, 5-6:30 pm
No class Oct 10

Trail campus \$49 +HST
Jose Padilla
5 classes: Oct 12-26, Mon & Wed, 7-8 pm

SPANISH FOR TRAVELLERS: LEVEL II

A great continuation to Level I. Study more lessons on grammar and sentence building as well as new vocabulary; must have an understanding of basic Spanish grammar.

Handouts extra.

Castlegar campus \$49 +HST
Jose Padilla
5 classes: Nov 15-29, Tue & Thu, 7-8 pm

Nelson: Silver King campus \$74 +HST
Romany Watt-Osaki
5 classes: Oct 24-Nov 9, Mon & Wed, 5-6:30 pm
No class Oct 31

Trail campus \$49 +HST
Jose Padilla
5 classes: Nov 14-28, Mon & Wed, 7-8 pm

SPEED SPANISH

Learn six easy recipes to glue Spanish words together into sentences, and you'll be engaging in conversational Spanish in no time.

Online

Ed2Go - to register go to
www.ed2go.com/selkirk \$134 +HST
continuous intake

To ensure the course you want
doesn't get cancelled...

**DON'T WAIT!
REGISTER EARLY!**



WANT TO INSTRUCT A COURSE?

Dedicated to life-long learning, Selkirk College is accepting course proposals and applications from instructors for all program categories.

For details on submitting a course proposal or application to teach a course, call your local campus. See page 70.

leadership & management

ABORIGINAL EDUCATION SUPPORT

Selkirk College's Aboriginal Service Coordinator provides support to all perspective and current students; working closely with staff, students and communities to enhance aboriginal learners' participation and success rates in college programs. Services include assistance with application processes, band funding, program information, accessing status and providing advocacy and support during the semester. Call 250-365-1357, or email mjames@selkirk.ca for appointments.

Nakusp centre Free
Marilyn James
Nov 9, Wed, please call 250-365-1357 to book your appointment

CAREER COUNSELLING

Selkirk College counsellors are here to assist you with career and educational decisions. We can suggest activities and resources to help you consider your options. 45-minute appointments available, both in person and by phone. Please call to make your appointment 250-353-2618 for Kalso and 250.265.4077 for Nakusp.

Kaslo centre
Free
Laurie Read
1 class: Sep 28, Wed 9:30 am-3:30 pm

Nakusp centre
Free
Laurie Read
1 class: Nov 2, Wed 9:30 am-3:30 pm

EFFECTIVE COMMUNICATION

Please see course information on p. 8.

FUNDAMENTALS OF SUPERVISION AND MANAGEMENT

Learn the people skills required to motivate and delegate, and learn tools for solving problems and resolving conflicts.

Online
Ed2Go - to register go to www.ed2go.com/selkirk \$134
continuous intake

GET ASSERTIVE!

Find out how you can stop others from intimidating you or treating you poorly.

Online
Ed2Go - to register go to www.ed2go.com/selkirk \$134
continuous intake

INDIVIDUAL EXCELLENCE

Develop career-enhancing skills such as goal setting, time management and personal organization. You'll learn how to improve your creative abilities, gain confidence with financial matters and how to minimize conflict in your life. Develop a fulfilling career plan and improve relationships with co-workers, friends and family.

Online
Ed2Go - to register go to www.ed2go.com/selkirk \$134
continuous intake

INSTRUCTOR DIPLOMA PROGRAM

Offered through Vancouver Community College (VCC), the Provincial Instructor Diploma Program (PIDP) helps instructors develop skills in course planning, delivery and evaluation. The program consists of seven 30-hour courses, including a brand new mandatory course that must be taken first PIDP 3100 Foundations of Adult Education and a final capstone project. The courses can be taken online or at any location



in the province. For a course syllabus and a schedule, or to apply for admission to the program, go to instructordiploma.com or phone VCC, 1.888.332.3212. Selkirk College offers a few face-to-face courses each year.

PIDP 3100 - Foundations of Adult Education
May or June, 2012 TBA

LIBRARY RESEARCH SKILLS

Learn how to use Selkirk's Library online to find books, magazines, journals, newspapers. Please pre-register; limited seating.

Kaslo centre Free
1 class: Oct 5, Wed 9:30-11:30 am

PROJECT MANAGEMENT ESSENTIALS WORKSHOP

This 3-day workshop will be of interest to new and current project managers as well as professionals seeking Project Management Institute (PMI) Professional Development Units (eligible for 21 PDUs). Improve your understanding and use of the PMI Project Management Framework, Processes and Knowledge Areas including terms and definitions; techniques and tools for planning and executing projects and how to monitor and control project scope, quality, time, costs and risks. Workshop leader Denise Holleran-Boswell has over 30 years of experience as a certified Project Management Professional (PMP), is a member of the Project Management Institute (PMI), and a past President of the Society of PMP of Greater Vancouver. Denise has trained over 1000 people and is a current advisor to UBC's Business Analysis Certificate Program and Program Management Certificate Program.

Trail campus \$1299
Denise Holleran-Boswell
3 classes: Oct 24, 25 & 26, Mon, Tue & Wed,
8:30 am-4:30 pm

STRENGTHENING ARROW LAKES LEADERSHIP

What are the characteristics of strong leaders and what are the generational differences in leadership styles? What skills are needed to lead non-profits into the future? Learn ways to support leadership development in your own non-profit organization. Non-profit staff, leaders and emerging leaders are encouraged to attend. The Kootenay Boundary Community Services Co-operative has \$500 training subsidies available to eligible non-profits in the Columbia Basin. Please phone 250-352-6786 for details.

new Nakusp centre
\$80 for Co-op members
\$ 100 for non-members
Lunch included
Kootenay Boundary Community Services Co-op. Please email info@thekoop.ca to register
1 class: Oct 6, Thu 9 am-4 pm

STRENGTHENING NON-PROFIT BOARDS

A full day of learning on topics critical for board success. Learn about non-profit finances; board roles, responsibilities and liabilities; running effective board meetings, a primer on Robert's Rules and tips for recruiting new board members. New and experienced nonprofit members are encouraged to attend. The Kootenay Boundary Community Services Co-operative has \$500 training subsidies available to eligible nonprofits in the Columbia Basin. Please phone 250-352-6786 for details.

new Castlegar campus
\$80 for Co-op members
\$100 for non-members
Lunch included
Kootenay Boundary Community Services Co-op. Please email info@thekoop.ca to register
1 class: Nov 19, Sat 9:30 am-3:30 pm

new Nakusp centre
\$80 for Co-op members
\$100 for non-members
Lunch included
Kootenay Boundary Community Services Co-op. Please email info@thekoop.ca to register*
1 class: Nov 5, Sat 9:30 am-3:30 pm

TOASTMASTERS CLUB: ARROW LAKES

Want to become a better speaker? In a fun, supportive environment, the Toastmaster program helps you develop communication skills and open doors in your personal and professional life. For more info visit: toastmasters.bc.ca

Nakusp centre \$90/year
Linda Kendal, Toastmasters BC

YOU'RE ON THE AIR: MEDIA RELATIONS SKILLS

Are you ready for your 15 minutes of fame as media spokesperson for your organization? Learn how to communicate your messages with ease and flair when dealing with the media. Learn how to unpack and diffuse a reporter's

questions, and how to ensure you get YOUR messages out during an interview. By getting in front of the camera to practice your role in a media interview, you will come away better prepared to "meet the press."

Nakusp centre \$99 +HST
Lorna Visser, Principal, Carmanah Strategies
1 class: Nov 26, Sat 9 am-4:30 pm

Nelson: Silver King campus \$99 +HST
Lorna Visser, Principal, Carmanah Strategies
1 class: Nov 4, Fri 9 am-4:30 pm

FITNESS EDUCATORS

FITNESS KNOWLEDGE

This is the first step to becoming a fitness instructor and the prerequisite for all CFES courses. You will have an opportunity to review the theory examination, answer all questions and work through application of theory, building your confidence in writing the provincial exam. There is a separate fee for writing the exam.

Castlegar campus \$240
Samantha Reid
4 classes: Oct 14-16, Fri 6-9 pm, Sat & Sun,
8:30 am-5 pm. Completion Oct 29, Sat 9 am-2 pm

GROUP FITNESS INSTRUCTOR

Foundation skills to design and deliver a safe, effective group-exercise class. Prerequisite: Fitness Knowledge.

Castlegar campus \$220
Heather Bouchier
3 classes: Nov 18-20, Fri 6-9 pm, Sat & Sun,
8:30 am-5 pm

PERSONAL TRAINING SPECIALIST PROGRAM

Register for both a Weight Training Course and Weight Training Practicum and receive a 10% discount. Note: Students will have the option to register as certified instructors with BCRPA or CFES. Check out www.bcrpa.bc.ca and www.canadianfitness.net for more information.

WEIGHT TRAINING COURSE

This course is designed to teach individuals the principles of exercise prescription, training principles, body mechanics and program design related to weight training. Learn the skills required to design and deliver personalized weight training programs.

Castlegar campus \$220
Samantha Reid
3 classes: Nov 4-6, Fri 6-9 pm, Sat & Sun,
8:30 am-5 pm

WEIGHT TRAINING PRACTICUM

Includes practical hands-on experience and a Competency Evaluation. The practicum is designed to complement the Weight Training Course by providing scenarios, labs and 'real' clients, gaining you the hours of experience required as a prerequisite to become a personal trainer.

Castlegar campus \$195
Samantha Reid
3 classes: Nov 25-27, Fri 6-9 pm, Sat & Sun,
8:30 am-5 pm

PERSONAL TRAINER COURSE

This course is designed to teach advanced program design for healthy and special populations, testing, assessment, consultation, advanced anatomy and physiology and the training business. You will feel confident writing the Personal Training Provincial Exam at the end of the course. CFES Personal Trainer Resource Manual and "On the Floor Resources Manual" included in the fee.

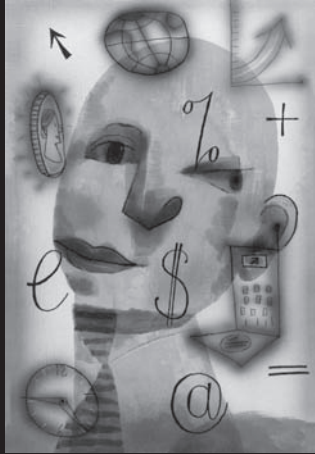
Castlegar campus \$420
Samantha Reid
6 classes: Feb 17-26 2012, Fri 6-9 pm,
Sat & Sun 8:30 am-5 pm

PERSONAL TRAINING PRACTICUM

This course allows students to gain hands-on experience and to complete the Personal Training Instructor Competency evaluation. The practicum is designed to complement the personal training course by providing scenarios, labs and "real" clients.

Castlegar campus \$195
Samantha Reid
3 classes: Mar 16-18 2012, Fri 6-9 pm,
Sat & Sun 8:30 am-5 pm

CO-OP EDUCATION



education at work

HIRE A CO-OP EDUCATION STUDENT TODAY!

Would you like to have access to highly motivated and capable students, year-round, to help with projects at your workplace?

Selkirk College is seeking partnerships with employers who are interested in hiring Co-op Education students.

The following programs have Selkirk College accredited Co-op Education students for hire:

- Business Administration (Professional Management and Accounting/Finance)
- Engineering
- Forest Technology
- Geographic Information Systems
- Integrated Environmental Planning Technology
- Recreation Fish & Wildlife Technology

For more details, or to be part of the Co-op Education program contact:
250.365.1280 | coopeducation@selkirk.ca | selkirk.ca/programs/coop

recreation & leisure



BADMINTON: DROP-IN

Free but pre-registration is required. Sponsored by the RDKB Area E.

Midway: BCSS Free
10 classes: Sep 29-Dec 1, Thu 6:30-8:30 pm

Rock Creek: West Boundary Elementary Free
10 classes: Sep 27-Nov 29, Tue 6:30-8:30 pm

BALLROOM DANCING FOR BEGINNERS

Tired of sitting and watching others "cut a rug"? Learn basic position, movements, and steps for the Foxtrot, Waltz, East Coast Swing, Rumba and Cha Cha. In no time at all you'll wow your friends and family. To register call: 250.365.2896

Castlegar: Kinnaird Hall, \$160/couple
2320 Columbia Ave.
Lui Marinelli
9 classes: Sep 30-Dec 9, Fri 6-7:30 pm

BASIC SEWING CONTINUED

Improve your basic skills and techniques with this hands on course. Materials are extra. Please bring your own machine. Supply list provided upon registration.

new Trail campus \$120 + HST
Wilma Hughes
4 classes: Nov 5-26, Sat 1-4pm

BOATSMART!

BOATsmart! is Canada's Boating Educator and the largest Pleasure Craft Operator Card provider in the country. Obtaining your Operator Card is easy with BOATsmart! Canada's online study guide and exam. Official Transport Canada Approved study material is available for free at Boatsmart Canada including practice tests to help you prepare for the exam. Once you're ready, you can take the official online exam and get your card. The

BOATsmart! exam consists of 36 multiple choice questions and a score of 75% is required to pass. Free retries are included and boaters are able to print a temporary card immediately upon passing the exam. The exam covers safe boating topics including navigation, right-of-way, marker buoys and boating terminology. Go to <http://selkirk.ca/ce/courses/recreationleisure/recreation/boatsmart/> and click on the Get the Card! button.

Online \$52.45 +HST

BRIDGE FOR BEGINNERS

Designed for people with no prior experience in playing the card game Bridge. Learn set up, rules, bidding and playing contracts. Each lesson combines theory and skill development with lots of time to play the game.

Nelson: Silver King campus \$120 +HST
Harry Quesnel
6 classes: Sep 28-Nov 2, Wed 7-9 pm

CARDIO & WEIGHTS

No more running in the cold this winter! Try out our elliptical trainer and weights.

Midway: BCSS \$30 + HST
43 classes: Sep 26-Dec 8, Mon-Thu 7-9 pm
No class Oct 10

EDIBLE WILD MUSHROOM TALK

Before you go picking wild mushrooms for your salads and fall stews, get the facts, especially how to tell the good from the bad. Join Rob Macrae for an exciting slideshow presentation.

Castlegar campus \$16 +HST
Rob Macrae
1 class: Oct 18, Tue 7-9 pm

Grand Forks campus \$16 +HST
Rob Macrae
1 class: Oct 22, Sat 10 am-12 pm

Kaslo centre \$16 +HST
Rob Macrae
1 class: Oct 15, Sat 10 am-12 pm

Nakusp centre \$16 +HST
Rob Macrae
1 class: Oct 29, Sat 1-3 pm

Nelson: Silver King campus \$16 +HST
Rob Macrae
1 class: Oct 13, Thu 6:30-8:30 pm

Trail campus \$16 +HST
 Rob Macrae
 1 class: Oct 20, Thu 6:30-8:30 pm



EDIBLE WILD MUSHROOM WALK

Join instructor Rob Macrae for a leisurely walk along local trails to hunt for mushrooms. Wear long pants, sturdy shoes and bring a bag for your mushrooms.

Grand Forks campus \$24 +HST
 Rob Macrae
 1 class: Oct 22, Sat 1-3 pm

Kaslo centre \$24 +HST
 Rob Macrae
 1 class: Oct 15, Sat 1-3 pm

Nakusp centre \$24 +HST
 Rob Macrae
 1 class: Oct 29, Sat 3-5 pm

GREENHOUSES FOR THE HOME GARDENER

A greenhouse is capable of adding immensely to the enjoyment of a garden. Discuss greenhouse management for the home gardener, greenhouse structures, environmental controls and plant propagation.

Trail campus \$54 +HST
 Chris Holt
 1 class: Oct 2, Sun 9 am-3 pm

HIBERNATION TIPS FOR GARDENS: GETTING YOUR GARDEN READY FOR WINTER

Although summer is behind us, the gardening season is far from over. Much remains to be done to prepare for the coming winter and the following growing season.

Nakusp centre \$28 +HST
 Chris Holt
 1 class: Oct 1, Sat. 2-5 pm

HOLIDAY ENTERTAINING WITH STYLE AND ON BUDGET

Entertain in style this holiday season with professional chef and B&B owner, Dawna Vandrick. Create a beautiful wreath by using the great outdoors and whatever you have available. Learn delectable vegetarian and non-vegetarian appetizers that are sure to impress guests (cost of food included).

Grand Forks: Maples Bed & Breakfast,
 931 Central \$49 +HST
 2 classes: Nov 15 & 22, Tue 7-9 pm

LEARNING IN RETIREMENT (LIR)

LIR is a volunteer non-profit organization in partnership with Continuing Education in Nelson, providing educational interests of retired people in the Nelson area. Membership is open to all 50+ retirees who share a love of learning regardless of their formal education. Annual membership is \$15, valid from Sep-Aug. There is a small fee of \$2/hour payable at each workshop.

- No tests or grades
- No academic or experience requirements
- Great opportunity to meet people

Fall workshops include:

- Laughing Yoga
- Current Events
- eLibrary
- LIR Authors and Illustrators
- Nelson Search and Rescue
- History of Kootenay Lake
- Healthy Brain
- Qi Gong Origins of Santa

Nelson: Silver King campus \$15/year
 Sep 16-Dec 9, Fri 10 am-12 pm



LEARN TO CURL

Learn curling basics in a few hours including how to warm up, move around the ice safely and slide some rocks down the ice! Move to concentrating more on improving your style of delivery and learning tricks to make your rocks curl in the right direction.

Trail: Curling Centre \$30 +HST
 Flo Woodhouse
 4 classes: Sep 14-Oct 5, Wed 7-9 pm

ROADSIDE GEOLOGY FROM NELSON TO CRESTON

Join retired Selkirk instructor Lesley Anderton for a journey back in time from the younger exotic volcanic rocks of the Nelson area to the rock of ancient North America at Creston. Class will begin with a slide presentation followed by a field trip. Bring a lunch and be prepared to carpool.

Nelson: Silver King campus \$39 +HST
 Lesley Anderton
 1 class: Oct 1, Sat 9 am-5 pm

STALKING THE EDIBLE WILD

The West Kootenay offers up a wide array of useful culinary and medicinal wild plants (fruits, nuts and roots). Learn where and how to identify them. Dress for the weather, wear walking shoes and bring a small pressing book and lunch.

Nelson: Silver King campus \$39 +HST
 Libby Ruljancich
 1 class: Oct 2, Sun 9:30 am-3:30 pm

STAYING ORGANIZED

In today's busy world, it requires time, focus and systems that work to stay organized. Sarah and guests bring tips to stay on top of your finances, home or workshop/studio/kitchen. Visit selkirk.ca/ce for class themes.

Nelson: Silver King campus \$64 +HST
 Sarah Simonet
 4 classes: Sep 22-Oct 13, Thu 6:30-8:30 pm

TAI CHI CHUAN & SILK REELING CHI GONG

Tai Chi Chuan and Silk Reeling (Spine Stretching) Chi Gong use slow, graceful movements to promote health, vitality and the circulation of energy in the body. Increase flexibility, improve balance, coordination and mental focus. An essential foundation and great way to build core strength.

Trail: Warfield Hall \$45 +HST
 Oscar Bot
 6 classes: Sep 27-Nov 1, Tue 4:30-5:30 pm
 6 classes: Nov 8-Dec 13, Tue 4:30-5:30 pm

VOLLEYBALL: DROP-IN

Free but pre-registration is required. Sponsored by the RDKB Area E.

Midway: BCSS Free
 10 classes: Sep 27-Nov 29, Tue 6:30-8:30 pm

Rock Creek: West Boundary Elementary
 10 classes: Sep 29-Dec 1, Thu 6:30-8:30 pm
 Free



TRAIL'S COMMUNITY IN BLOOM GARDEN SERIES

PUTTING YOUR GARDEN TO BED

Local garden guru Bill Garnett will provide tips on how to get your garden ready for winter. (Tip No. 1: he says people in Trail tend to put their garden to bed WAY TOO EARLY). So come to this class and learn the tricks of the trade.

Trail: Columbia Valley Greenhouse \$20 +HST
 Bill Garnett
 1 class: Sep 28, Wed 7-9 pm

WINTER BASKETS

CIB is offering a Winter Baskets class where you will make 2 baskets—one for your home and one to be donated to brighten our beautiful city. Pride of place abounds with this new CIB offering.

new Trail: Columbia Valley Greenhouse
 Bill Garnett \$30 +HST
 1 class: Nov 5, Sat 10 am-2 pm

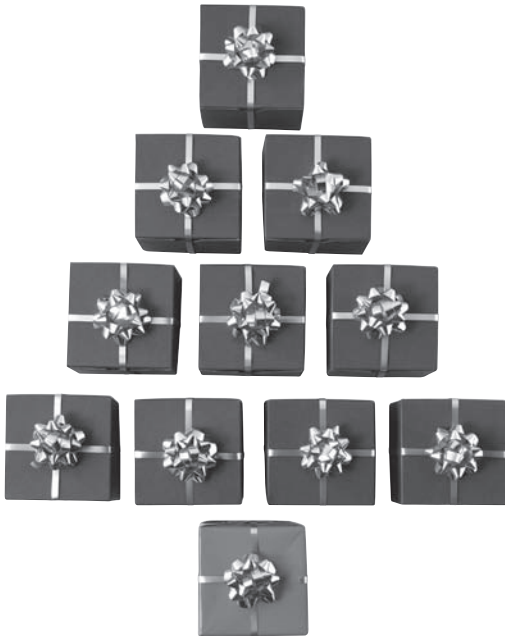
KOOTENAY SCHOOL OF THE ARTS

Christmas Sale

Kootenay School of the Arts at Selkirk College
(KSA) hosts a spectacular sale of student works in
December at the campus in downtown Nelson.

Perfect Christmas gifts!

Visit selkirk.ca/events for details.



Mir Centre for Peace

Based on the history and the traditions of the Kootenay region, the Mir Centre for Peace explores cultures of peace, human rights and social justice, environmental studies, global politics, conflict resolution and cultural and individual healing. Visit selkirk.ca/mir for detailed information.

UNIVERSITY PROGRAMS IN PEACE STUDIES

The School of University Arts and Sciences and the Mir Centre for Peace offer two interdisciplinary values-based university transferable programs. The Associate of Arts Degree in Peace Studies focuses on peace and the environment. The Liberal Arts Diploma in Peace Studies emphasizes peace in a cultural and international context. Students may choose to engage in service learning experiences, or in directed peace and conflict studies academic research.

MIR CENTRE FOR PEACE CONTINUING EDUCATION

FROM IDEA TO ACTION: HOW TO ORGANIZE A COMMUNITY CAMPAIGN

"A small group of thoughtful people could change the world. Indeed, it's the only thing that ever has." Learn how to organize your idea into a campaign for change. Topics include: developing goals, utilizing conventional and social media, and other ideas used by grassroots organizers and global organizations such as Amnesty International.

Castlegar: Mir Centre for Peace \$30 +HST/
adults, \$20 +HST/students
Randy Janzen
1 class: Oct 15, Sat 9 am-4 pm

LITERATURE AND CULTURE: IN SEARCH OF UTOPIA IN THE KOOTENAYS

Explore the cultural experience of groups such as the Sinixt First Nations, Doukhobors, and Japanese-Canadians, as each searches for an expression of justice and healing. The "imagination" of peace will be a key part of this module, as will a day-long field trip on Sunday to sites of historic/spiritual importance. This course is eligible for university credit. Phone 250-365-1245 for cost of college credit course.

Castlegar: Mir Centre for Peace \$80 +HST for
non-credit participants.
Myler Wilkinson (PhD)
3 classes: Sept 9-11, Fri-Sun 10 am-3 pm

PEACE YOGA WORKSHOP: THE VISHUDDHA OR THROAT CHAKRA

The vishuddha or throat chakra is the bridge between our heart and our mind. Learn to open this chakra and use the vishuddha energy to bridge your heartfelt peace with your peaceful ideas to communicate with your community. We will communicate our will, our desire, our choice and our sense of peaceful existence for all sentient beings. Please bring a yoga mat, a large blanket, a pillow and a cup.

Castlegar: Mir Centre for Peace \$50 +HST
Janice Ferraro
1 class: Oct 22 Sat 1-5pm

RIISING UP TOGETHER:TAKING CARE OF OUR COMMONS

Much of what we share – water, atmosphere, land, internet, knowledge – are at risk. A rising movement called "The Commons Movement" has been inspiring new ways for citizens to collectively manage and preserve these resources, now and for future generations. Commons offers new organizing principles for governance and economics. Explore models and opportunities for co-learning and co-action.

Castlegar: Mir Centre for Peace \$25 +HST
Jan Inglis
4 classes: Nov 3-24, Thu 7-9 pm

TWELVE STEPS TO A COMPASSIONATE LIFE: A MIR CENTRE BOOK CLUB

You are invited to take part in our book club which will focus on Karen Armstrong's best seller: "Twelve Steps to a Compassionate Life". Copies of the book are available for purchase from the Castlegar campus bookshop.

Castlegar: Selkirk College Library \$20 +HST
Karen Godbout, Elizabeth Lund
12 classes: Sep 26, Oct 17, 24, Nov 7, 21,
Dec 5, Jan 23, Feb 6, 20, Mar 5, 19, Apr 2,
Mon 6:30-8 pm

MIR CENTRE FOR PEACE LECTURE SERIES

CANADA'S MILITARY MISSION IN AFGHANISTAN: WHAT IS OUR PEACEKEEPING TRADITION?

John Siebert became the Executive Director of Project Ploughshares in 2005. Founded in 1976, Project Ploughshares is the ecumenical peace centre of the Canadian Council of Churches. The work of Project Ploughshares includes research and policy development on nuclear disarmament and non-proliferation, the control and reduction of conventional weapons including small arms and light weapons.

Nelson: Capitol Theatre \$12/adults,
\$10/ students and seniors, HST included.
Available at the door or through Capitol
Theatre

John Siebert
Oct 12, Wed 7 pm

I SHALL NOT HATE

Known as "The Gaza Doctor," Izzeldin Abuelaish is the author of the bestselling book "I Shall Not Hate", which chronicles his life growing up in Gaza and the development of his outlook on life and peace in Israel and Palestine. Dr. Abuelaish's three daughters were killed during the War on Gaza in January 2009, minutes before he was to speak live on an Israeli TV program. That raw and painful cry of a parent was heard around the world and may have contributed to ending the military invasion.

Castlegar: Mir Centre for Peace
\$20/adults, \$15/ students and seniors, HST
included. Available at College bookstores (or
phone 365-1281) or at door
Izzeldin Abuelaish
Sep 21, Wed 7 pm



DR. SAMANTHA NUTT

A medical doctor, Dr. Nutt has more than fifteen years of experience working in war zones. Committed to peace, human rights and social justice, she has worked in some of the world's most violent flash points as founder and executive director of War Child Canada.

Nelson: TBA \$12/adults, \$10/students and seniors, HST included.

Tickets available at college bookstores (or phone 250-365-1281, Otter Books or at the door.

Nov TBA

THREE CUPS OF TEA, OR PROMOTING PEACE WITH BOOKS, NOT BOMBS

Greg Mortenson is the co-founder of the non-profit Central Asia Institute, Pennies For Peace, and co-author of New York Times bestseller "Three Cups of Tea" which has sold over 4 million copies in 49 countries and remained a New York Times bestseller for 190 weeks since its 2007 paperback release.

Castlegar: Brilliant Cultural Centre
\$35/adults, \$30/students and seniors, HST
included. Available at college bookstores (or
phone 365-1281), Otter Books, or at the door.
Greg Mortenson
Nov 2, Wed 7 pm

MIR CENTRE FOR PEACE CAFE

The Mir Centre for Peace has joined with Self Design High, Nelson, to provide an opportunity for individuals to produce community based solutions for global challenges and encourages "reconciliation and connection" through open dialogue. Join us in an informal intimate cafe setting Thursday evenings at the Mir Centre or Self Design High. Check listings at <http://selkirk.ca/mir/peacecafe>.

Selkirk College 2010-11

On behalf of the Selkirk College Board of Governors, it is our pleasure to present an abridged version of the 2010-11 Annual Report which includes a condensed financial statement and highlights from the past year. For the full report, please visit selkirk.ca/about/governance/annualreports.

A CHANGE IN LEADERSHIP

In fall 2010, Selkirk President and CEO Marilyn Luscombe resigned her position, effective January 1, 2011. The college undertook an extensive search and on April 15, 2011, announced the appointment of Angus Graeme as the new President and CEO.

Angus has almost 20 years of experience at Selkirk, ranging from instructor to Vice President Academic and Student Development, and has the experience and leadership attributes necessary to lead the institution successfully into the future.

MEETING PROVINCIAL LABOUR MARKET DEMAND AND SUPPORTING REGIONAL DEVELOPMENT

After six years of steady growth, the college experienced an overall drop in enrolment in 2010-11, Selkirk College exceeded government's expectations in health, developmental education and skilled trades programming. Significant increases were seen in such areas as Early Childhood Care and Education and Continuing Education.

Selkirk College opened its doors to over 11,500 learners—a significant percentage of the region's population.

A NEW TEACHING AND LEARNING INSTITUTE TO SUPPORT A FUNDAMENTAL ACTIVITY

The concept of a Teaching and Learning Institute (TLI) was supported by teaching employee groups and management in 2010 and a coordinator was hired in early 2011. The institute is peer-administered

and allows faculty to collaborate on goal setting and identification of services to be provided. The institute works closely with Education Council and the Office of the Vice President Education and Students to align its work—supporting excellence in teaching as well as curriculum renewal and development.

NEW FACILITIES TO BETTER SERVE SELKIRK STUDENTS

Work continued on the Tenth Street Student Residence throughout the 2010-11 academic year and as a result, accommodation for approximately 100 students will be available for the beginning of the 2011-12 fall semester. Also undergoing a major upgrade is the student performance space previously known as Studio 80.

Construction of Selkirk's Aboriginal Gathering Place has a completion date set for fall 2011. The Gathering Place will help to meet the college's strategic priority of enhancing services to aboriginal learners. A campaign called "Completing the Circle" is currently under way and funds raised will be used toward the finishing touches of the facility.

THE COMMUNITY PROVIDES SELKIRK WITH FUNDING SUPPORT

On September 22, 2010, the college announced the successful completion of the Mir Lecture Series Endowment Fund Campaign. In fact, the original target of \$200,000 was exceeded by more than \$35,000. In addition, a one-time gift of \$100,000, to be used over a five-year

Annual Report Highlights

period, was donated in support of the Mir Lecture Series.

PARTNERING TO CREATE A RURAL DEVELOPMENT INSTITUTE

On October 23, 2010, Columbia Basin Trust and Selkirk College announced an eight-year partnership to develop the Rural Development Institute (RDI). The institute will promote and support informed planning and decision making in the Columbia Basin-Boundary Region by providing easily accessible, up-to-date research for communities. The RDI represents innovation in applied research as the only college-based rural development research institute in the country.

A COMMITMENT TO APPLIED RESEARCH AND INNOVATION

Selkirk College has made a commitment to work with businesses, industries, non-profits, government ministries and agencies, associations and individuals in order to create an environment of applied research and innovation that enhances the educational experiences of our learners and the cultural, economic and social well-being of our communities. For example, the Selkirk Geospatial Research Centre is developing new spatial modeling and applications for forest carbon management, and a new partnership between Selkirk College, TRIUMF of Vancouver and a local business will advance the commercialization of ion source technology.

FINANCIALS – ANNUAL REPORT 2010-11

In fiscal 2010-11, Selkirk College had an operating fund surplus of \$218,561 based on a budget of approximately \$37 million. The college has received approval for a balanced 2011-12 operating budget.

Please visit selkirk.ca/about/departments/finance for complete financial statements.

ANNUAL REPORT

2010-11 ACTUAL *(all numbers in 000's)*

Revenues

\$26,262	Government Grants
1,780	ITA Funding
6,048	Tuition
1,986	Sales
70	Investment Income
1,012	Contracts and Other Revenue
\$37,158	Total Revenue

Expenditures

\$28,216	Salaries and Benefits
8,171	Supplies and Services
644	Operating Lease Payments
(117)	Accrued Payroll Benefits (recovery)
26	Bad Debt Expense
\$36,940	Total Expenditures

course index

LEGEND C - Castlegar | GF - Grand Forks | K - Kaslo
NA - Nakusp | NE - Nelson | T - Trail | O - Online

	#	C	GF	K	NA	NE	T	O
ARTS & CULTURE								
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registration information

BOUNDARY CAMPUS | GRAND FORKS

boundaryce@selkirk.ca
486 72 Avenue, Box 968
Grand Forks BC V0H 1H0
Tel 250.442.2704
Fax 250.442.2877

CASTLEGAR CAMPUS

castlegarce@selkirk.ca
301 Frank Beinder Way
Castlegar BC V1N 4L3
Tel 250.365.1208 toll-free 1.888.953.1133
Fax 250.365.3929

KASLO LEARNING CENTRE

kasloce@selkirk.ca
421 Front Street, Box 1149
Kaslo BC V0G 1M0
Tel 250.353.2618
Fax 250.353.7121

KSA: KOOTENAY SCHOOL OF THE ARTS

artsce@selkirk.ca
606 Victoria Street
Nelson BC V1L 4K9
Tel 250.352.2821 toll-free 1.877.552.2821
Fax 250.352.1625

NAKUSP LEARNING CENTRE

nakuspce@selkirk.ca
311 Broadway, Box 720
Nakusp BC V0G 1R0
Tel 250.265.4077
Fax 250.265.3195

NELSON/SLOCAN VALLEY: SILVER KING CAMPUS

nelsonce@selkirk.ca
2001 Silver King Road
Nelson BC V1L 1C8
Tel 250.352.6601 toll-free 1.866.301.6601
Fax 250.352.3180

NELSON/TENTH STREET CAMPUS

artsce@selkirk.ca
606 Victoria Street
Nelson BC V1L 4K9
Tel 250.352.2821 toll-free 1.877.552.2821
Fax 250.352.1625

TRAIL CAMPUS

trailce@selkirk.ca
900 Helena Street
Trail BC V1R 4S6
Tel 250.364.5770
Fax 250.368.4983

| registration |

Continuing Education classes can also be viewed online at selkirk.ca/ce.

To ensure the course you want
doesn't get cancelled...

**DON'T WAIT!
REGISTER EARLY!**

how to register

OPTIONS:

- Email, fax, call or visit the campus offering your course.
- Complete the registration form - pages 73-77.
- Choose payment method (cash, debit, cheque, Visa or MasterCard).

Boundary (Grand Forks)

250.442.2704
boundaryce@selkirk.ca

Kootenay School of the Arts (KSA)

1.877.352.2821
artsce@selkirk.ca

Nelson/Slocan Valley

1.866.301.6601
nelsonce@selkirk.ca

Castlegar

1.888.953.1133
castlegarce@selkirk.ca

Nakusp

250.265.4077
nakuspce@selkirk.ca

Trail/Salmo

250.364.5770
trailce@selkirk.ca

Kaslo

250.353.2618
kasloce@selkirk.ca

See page 70 for full contact details.

PAYMENT

PHONE/FAX: If you are paying by Visa or MasterCard, we can process your registration over the phone.

MAIL: Please send a completed registration form along with your cheque or money order.

IN PERSON: Feel free to drop by, but please call first to confirm your campus is open that day. Debit is available at most locations.

Please note that fees are payable upon registration. We cannot hold a space for you until fees have been paid.

POLICIES

CLASS CANCELLATIONS: If there are not enough registratons to cover the cost of instruction, the course will be cancelled and fees refunded in full. No classes are on statutory holidays.

WITHDRAWALS: Full refund will be given for withdrawals made 4 days prior to course start. 50% of the course cost will be refunded for withdrawals 1-3 days prior to course start.

INCOME TAX: A course with a fee exceeding \$100 is income tax deductible. Keep your receipts as no duplicates will be issued. T2202A Forms are available to download as of January 31, 2011 at selkirk.ca/downloads.

HST

Some continuing education courses may have HST applied.

notes



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| registration |

registration form

name _____

address _____

date of birth _____

tel _____

email _____

course title	course location	course start date	fee
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
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card# _____

expiry _____

signature _____

See page 71 for registration payment and policies.

notes



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| registration |

registration form

name _____

address _____

date of birth _____

tel _____

email _____

course title	course location	course start date	fee
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card# _____

expiry _____

signature _____

See page 71 for registration payment and policies.

notes



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registration form

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course title	course location	course start date	fee
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card# _____

expiry _____

signature _____

See page 71 for registration payment and policies.

my course wish list

TITLE

PAGE

Employment Training

SELKIRK COLLEGE OFFERS TRAINING PROGRAMS THAT ARE SPECIFICALLY SELECTED TO HELP YOU GAIN OR IMPROVE EMPLOYMENT.

Examples of Training Opportunities:

- Office Skills Training
- Leadership training
- Food and Beverage Management Training online
- Building Service Worker training
- Permaculture Training Program
- First Aid and Safety Training
- Internet Business Development for Entrepreneurs (IBDE)

FOR DETAILS ON TRAINING OR INFORMATION ON POSSIBLE FUNDING SUPPORT, PLEASE CALL **1.250.364.5760** OR EMAIL **KASLOCE@SELKIRK.CA**.



WANT TO INSTRUCT A COURSE?

Dedicated to life-long learning, Selkirk College is accepting course proposals and applications from instructors for all program categories.

For details on submitting a course proposal or application to teach a course, call your local campus. See page 70.

ed2go

You've always wanted to learn how to edit your digital photos, but your life is so hectic. How can you possibly find the time to attend evening Continuing Education courses? It's easy. It's called ed2go.

Selkirk College is proud to partner with ed2go, an online Continuing Education network that offers a wide range of highly interactive general interest courses that you can take entirely over the internet. Through ed2go, adult learners have access to a catalogue of more than 300 instructor-facilitated online courses; from reading music and understanding adolescents to discovering digital photography.

"Ed2go is a terrific complement to our Continuing Education program," says Vi Kalesnikoff, Dean of Community, Corporate, and International Development.

"The delivery of material via the internet makes Continuing Education even more accessible to individuals in our communities. It eliminates the barriers of scheduling and location; this is learning at its most convenient."

Most ed2go courses are offered over a six-week period, with two lessons released each week. All courses are delivered by expert instructors, including many internationally renowned authors who deliver high-quality instruction and exceptional insight into their respective areas of knowledge. Each course is only \$134.00 (HST may apply to some courses).

All instructor bios, course listings, lesson overviews, and fees are available online: ed2go.com/selkirk.

ED2GO SAMPLE COURSES

- Achieving Success with Difficult People
- Intro. to Microsoft Word 2007
- Build Teams that Work
- Creating Web Pages
- Discover Digital Photography
- Effective Business Writing
- Effective Selling
- Write Your Life Story
- Fundamentals of Supervision and Management
- Fundamentals of Technical Writing
- Intro. to Business Analysis
- Intro. to Dreamweaver CS4
- Intro. to InDesign CS3
- Intro. to Natural Health and Healing
- Intro. to PC Security
- Making Movies with Windows XP
- Merrill Ream Speed Reading
- Mystery Writing
- Project Management Fundamentals
- Resume Writing Workshop
- Secrets of the Caterer
- Six Sigma: Total Quality Applications
- Speed Spanish
- Understanding the Human Resources Function

For more courses go to ed2go.com/selkirk.

Continuing Education courses can get cancelled if too many people wait until the last minute to register.

TO ENSURE THE COURSE YOU WANT DOESN'T GET CANCELLED
DON'T WAIT! REGISTER EARLY!

Courses must be cost-recoverable and a minimum number of students are required to enrol before a class can run.

