



BELLYFIT CLASSES

FOR WOMEN with Heather Holdener
TENTH ST. CAMPUS

MON/WED 5:30-6:30
STARTS SEPT 12TH

STUDENTS/STAFF ONLY

\$75/25 CLASSES (\$90 after Sept 11)

OR \$40/10 PUNCH PASS

OR \$5 DROP-IN

Sign-up in the weight room office

250.505.1325

kbarker@selkirk.ca