

Mary Hall Gymnasium & Weight Room

Tenth Street Campus

STUDENT SCHEDULE – SEPTEMBER 2011

SUN	MON	TUE	WED	THUR	FRI	SAT
<p align="center">WEIGHT ROOM HOURS</p> <p align="center">Sept. & May Mon-Thur 12 - 7pm / Friday 3-7pm Oct.- Apr. Mon-Thur 12 – 9pm / Friday 3-7pm</p>						3
4	5 LABOUR DAY CLOSED	6 OPEN GYM 11-7PM GYM & WEIGHT ROOM INTROS 11:00 – 7:00PM	7 OPEN GYM 12-7 GYM & WEIGHT ROOM INTROS 11:00 – 7:00PM	8 OPEN GYM 12-3:30 DROP-IN SOCCER 3:30-5:00 OPEN GYM 5:00 – 7:00	9 OPEN GYM 3-5PM DROP-IN BASKETBALL FOR ALL 5-7:00	10
11	12 OPEN GYM 12-5:00 DROP-IN BASKETBALL 5-7PM	13 OPEN GYM 12-3:30 FREE CORE CLASS 4:30-5:30 FREE BOOTCAMP CLASS 5:45-6:45	14 OPEN GYM 12-4:30 FREE BELLYFIT FOR WOMEN INTRO 4:30-5:30 OPEN GYM 5:45-7:00	15 OPEN GYM 12-4:30 FREE YOGA CLASS INTRO 4:30-6:00 OPEN GYM 6:00 – 7:00	16 OPEN GYM 3-5PM DROP-IN BASKETBALL FOR ALL 5-7:00	17
18	19 OPEN GYM 12-5:00 DROP-IN BASKETBALL 5-7PM	20 OPEN GYM 12-3:30 DROP-IN FLOOR HOCKEY 3:30-5:00 YOGA CLASS 5:00-6:30	21 OPEN GYM 12-3:30 DROP-IN VOLLEYBALL 3:30-5:00 OPEN GYM 5:00-7:00	22 OPEN GYM 12-3:30 DROP-IN SOCCER 3:30-5:00 DROP-IN BASKETBALL FOR ALL 5-7:00	23 OPEN GYM 3-5PM DROP-IN BASKETBALL FOR ALL 5-7:00	24
25	26 OPEN GYM 12-3:30 DROP-IN BASKETBALL 3:30-5:00 BELLYFIT CLASS FOR WOMEN 5:30-6:30	27 OPEN GYM 12-3:30 DROP-IN FLOOR HOCKEY 3:30-5:00 YOGA CLASS 5:00-6:30	28 OPEN GYM 12-3:30 DROP-IN VOLLEYBALL 3:30-5:00 BELLYFIT CLASS FOR WOMEN 5:30-6:30	29 OPEN GYM 12-3:30 DROP-IN SOCCER 3:30-5:00 DROP-IN BASKETBALL FOR ALL 5-7:00	30 OPEN GYM 3-5PM DROP-IN BASKETBALL FOR ALL 5-7:00	