

Mary Hall Gymnasium & Weight Room

Tenth Street Campus

STUDENT SCHEDULE – JANUARY 2012

SUN	MON	TUE	WED	THUR	FRI	SAT
1	2 HOLIDAY GYM AND WEIGHT ROOM CLOSED	3 OPEN GYM 12-6:45	4 OPEN GYM 2-6:00PM DROP-IN VOLLEYBALL 4-6 DROP-IN BASKETBALL 6-7:30	5 OPEN GYM 12-4:30 FREE CLASS BELLYFIT 4:30-5:30PM VOLLEYBALL / OPEN GYM 5:30-6:30PM	6 OPEN GYM 3-6:45PM DROP-IN BASKETBALL 5-6:45	7
8	9 OPEN GYM 2-5:00 DROP-IN BASKETBALL 3:30-5:00 BELLYFIT 5:30-6:30 PATENAUDE 103 CAPOEIRA 5-6:30PM (DROP-IN \$7)	10 OPEN GYM 12-5:00 DROP-IN FLOOR HOCKEY 3:30-5:00 YOGA CLASS 5:00-6:30 (DROP-IN \$7)	11 OPEN GYM 2-6:00 DROP-IN VOLLEYBALL 4-6 (BELLYFIT 5:30-6:30) PATENAUDE 103 DROP-IN BASKETBALL 6-7:30	12 OPEN GYM 12-4PM FREE CLASS TAE KWON DO 4-5PM VOLLEYBALL / OPEN GYM 5-6:30PM	13 OPEN GYM 3-6:45PM DROP-IN BASKETBALL 5-6:45	14
15	16 OPEN GYM 2-5:00 DROP-IN BASKETBALL 3:30-5:00 BELLYFIT 5:30-6:30 CAPOEIRA 5-6:30PM (DROP-IN \$7)	17 OPEN GYM 12-5:00 DROP-IN FLOOR HOCKEY 3:30-5:00 YOGA CLASS 5:00-6:30 (DROP-IN \$7)	18 OPEN GYM 12-6:00 DROP-IN VOLLEYBALL 4-6 (BELLYFIT 5:30-6:30) DROP-IN BASKETBALL 6-7:30	19 OPEN GYM 12-4:30 FREE CLASS TAI CHI 4:30-5:30PM VOLLEYBALL / OPEN GYM 5:30-6:30PM	20 OPEN GYM 3-6:45PM DROP-IN BASKETBALL 5-6:45	21
22	23 OPEN GYM 2-5:00 DROP-IN BASKETBALL 3:30-5:00 BELLYFIT 5:30-6:30 CAPOEIRA 5-6:30PM (DROP-IN \$7)	24 OPEN GYM 12-5:00 DROP-IN FLOOR HOCKEY 3:30-5:00 YOGA CLASS 5:00-6:30 (DROP-IN \$7)	25 OPEN GYM 12-6:00 DROP-IN VOLLEYBALL 4-6 (BELLYFIT 5:30-6:30) DROP-IN BASKETBALL 6-7:30	26 OPEN GYM 12-5:30 FREE CLASS CAPOEIRA 5:30-6:30PM	27 OPEN GYM 2-6PM DROP-IN BASKETBALL 4-6PM SELKIRK COLLEGE SKI NIGHT	28
29	30 OPEN GYM 2-5:00 DROP-IN BASKETBALL 3:30-5:00 BELLYFIT 5:30-6:30 CAPOEIRA 5-6:30PM (DROP-IN \$7)	31 OPEN GYM 12-5:00 DROP-IN FLOOR HOCKEY 3:30-5:00 YOGA CLASS 5:00-6:30 (DROP-IN \$7)	WEIGHT RM HRS Mon-Thur 12-9pm Friday 3-7	FREE TRIAL CLASSES Thursdays in Jan. Jan. 5 Bellyfit Jan. 12 Tae Kwon Do Jan. 19 Tai Chi Jan. 26 Capoeira	YOGA CLASSES Tues 5-6:30pm Starts January 10 Students/staff: 13 classes / \$65 Non-students: \$100	