

MARY HALL GYMNASIUM & WEIGHT ROOM TENTH STREET CAMPUS—NELSON SEPTEMBER 2012

Sun	Mon	Tue	Wed	Thu	Fri	Sat
WEIGHT ROOM HOURS MON-THUR 12-9PM FRIDAYS 12-7PM	3 LABOUR DAY COLLEGE CLOSED	4 GYM & WEIGHT ROOM ORIENTATION OPEN GYM 12-9PM	5 ORIENTATION DAY OPEN GYM 2-7PM	6 OPEN GYM 12-9PM	7 OPEN GYM 12-7PM	8 CLOSED DODGE BALL CHALLENGE MONTH
	9 CLOSED	10 OPEN GYM 12-8:45 DROP-IN VOLLEYBALL 5-6:45PM	11 OPEN GYM 12-7 WITH DROP-IN BADMINTON 3-5PM OPEN GYM 5-6:45 PICK-UP BASKETBALL 6:45-8:45PM	12 OPEN GYM 12-4 DROP-IN FLOOR HOCKEY 4-5:30PM BELLYFIT P103 5:30-6:30PM OPEN GYM 5:30-8:45PM	13 OPEN GYM 12-5PM DROP-IN SOCCER 5-6:30PM DODGE BALL CHALLENGE 6:45-8:45PM	14 OPEN GYM 12-5PM DROP-IN VOLLEYBALL 5-6:45PM
16 CLOSED	17 OPEN GYM 12-8:45 DROP-IN VOLLEYBALL 5-6:45PM BELLYFIT P103 5:30-6:30PM	18 OPEN GYM 12-5 WITH DROP-IN BADMINTON 3-5PM YOGA CLASS 5-6:30PM PICK-UP BASKETBALL 6:45-8:45PM	19 OPEN GYM 12-4 DROP-IN FLOOR HOCKEY 4-5:30PM BELLYFIT P103 5:30-6:30PM OPEN GYM 5:30-8:45PM	20 OPEN GYM 12-5PM DROP-IN SOCCER 5-6:30PM DODGE BALL CHALLENGE 6:45-8:45PM TEAMS TBA	21 OPEN GYM 12-5PM DROP-IN VOLLEYBALL 5-6:45PM	22 CLOSED
23 CLOSED	24 OPEN GYM 12-8:45 DROP-IN VOLLEYBALL 5-6:45PM BELLYFIT P103 5:30-6:30PM	25 OPEN GYM 12-5 WITH DROP-IN BADMINTON 3-5PM YOGA CLASS 5-6:30PM PICK-UP BASKETBALL 6:45-8:45PM	26 OPEN GYM 12-4 DROP-IN FLOOR HOCKEY 4-5:30PM BELLYFIT P103 5:30-6:30PM OPEN GYM 5:30-8:45PM	27 OPEN GYM 12-5PM DROP-IN SOCCER 5-6:30PM DODGE BALL CHALLENGE 6:45-8:45PM TEAMS TBA	28 OPEN GYM 12-5PM DROP-IN VOLLEYBALL 5-6:45PM	29 CLOSED
30 CLOSED	BELLYFIT FOR WOMEN MON & WED 5:30-6:30PM TENTH ST. CAMPUS (RM P103) STUDENTS/STAFF \$75/25 CLASSES (AFTER SEPT. 11 TH \$90) 10 PUNCH \$40 / DROP-IN \$5			YOGA CLASSES TUESDAYS 5-6:30PM MARY HALL GYM STUDENTS/STAFF \$38/13 CLASSES AFTER SEPT. 17 TH \$50 (COMMUNITY MEMBERS \$80)		

250.505.1325

 Student Central at Selkirk College

