



SELKIRK COLLEGE

MARY HALL GYM AND WEIGHT ROOM

Student Recreation Schedule – Nelson Campuses

September 2008

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 LABOUR DAY	2 COLLEGE ORIENTATION DAY GYM & WEIGHT RM CLOSED	3 Open gym 12-3pm Basketball 3-5pm Floor hockey 5-6pm	4 Open gym 12-3pm Dodge ball 3-4:30pm Indoor Soccer 4:30-6pm	5	6
7	8 Open gym 12-3pm Floor hockey 3-5pm Basketball 5-6pm	9 Open gym 12-3pm Volleyball/ ½ court b-ball 3-6pm	10 Open gym 12-3pm Basketball 3-5pm Floor hockey 5-6pm	11 Open gym 12-3pm Dodge ball 3-4:30pm Indoor Soccer 4:30-6pm	<div style="border: 1px solid black; padding: 5px; color: purple;"> Kick Boxing classes Wednesdays 4-6pm (Sept) 4:30-9:30 (Oct) FREE </div>	
14	15 Open gym 12-3pm Floor hockey 3-5pm Basketball 5-6pm	16 Open gym 12-3pm Volleyball/ ½ court b-ball 3-6pm	17 Open gym 12-3pm Basketball 3-5pm Floor hockey 5-6pm	18 Open gym 12-3pm Dodge ball 3-4:30pm Indoor Soccer 4:30-6:30pm	19	20
21	22 Open gym 12-3pm Fl. Hockey 3-5pm Basketball 5-6:30pm	23 Open gym 12-3pm Volleyball/ ½ court b-ball 3-6pm	24 Open gym 12-3pm Basketball 3-5pm Floor hockey 5-6pm	25 Open gym 12-3pm <div style="border: 2px solid blue; border-radius: 50%; padding: 5px; display: inline-block;"> DODGE BALL TOURNY 4:00-6:30 </div>	26	27
28	29 Open gym 12-3pm Floor hockey 3-5pm Basketball 5-6:30pm	30 Open gym 12-3pm Volleyball/ ½ court b-ball 3-6pm	<div style="border: 1px solid black; padding: 10px;"> WEIGHT ROOM HOURS MON-THURS 12:00 – 6:00PM CLOSED FRI/SAT/SUN </div>			

FREE FOR STAFF/FACULTY AND STUDENTS! ALL LEVELS ARE WELCOME